

# GARDEN OF PALMS MENU



# August 2017

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**MENU ALTERNATIVES**

Fruit & Cottage Cheese Platter  
  
Assorted Sandwiches including Egg or Tuna Salad, Turkey Peanut Butter & Jelly

**BEVERAGES**

**Breakfast**  
Cranberry, Apple, Orange Juices  
Coffee - Hot Tea  
Hot Chocolate  
Milk - Water  
**Lunch & Dinner**  
Coffee - Hot Tea  
Water - Ice Tea  
Lemonade

<p><b>6</b> <b>BREAKFAST</b> French Toast, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Egg Drop Soup, Chicken Chow Mein Tossed Green Salad w/Carrot Ginger Dressing, Almond Cookie <b>DINNER</b> Butternut Squash Soup, Brisket of Beef OR Roasted Chicken, Potato Pancake Sautéed Cabbage, Chocolate Brownie</p>	<p><b>7</b> <b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Carrot Soup, Vegetable &amp; Cheese Pizza Garden Salad, Ice Cream Sundae <b>DINNER</b> Corn Soup, Curry Chicken OR Roasted Chicken, White Rice Cole Slaw, Coconut Cookie</p>	<p><b>8</b> <b>BREAKFAST</b> French Toast, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Roasted Red Pepper Soup, Tuna Salad Plate, Fresh Bread, Fruit Garnish Carrot Cake <b>DINNER</b> Lentil Soup, Spaghetti w/Meat Balls OR Baked Chicken, Garlic Bread Sautéed Broccoli, Blueberry Cake</p>	<p><b>9</b> <b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Black Bean Soup, Cheese Enchiladas Spanish Rice, Guacamole, Churros <b>DINNER</b> Mushroom Barley Soup, Baked Tilapia OR Roasted Chicken, Spanish Rice, Corn and Red Peppers, Mandel Bread</p>	<p><b>10</b> <b>BREAKFAST</b> French Toast, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Cream of Broccoli Soup Eggplant Parmesan Italian Salad w/Pepperonis, Fresh Fruit <b>DINNER</b> Vegetable Soup, Lemon Chicken OR Roasted Turkey, Sweet Potato Casserole Steamed Cauliflower, Jello w/Fruit</p>	<p><b>11</b> <b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Tomato Vegetable Soup, Grilled Cheese Sandwich on Sourdough, French Fries Tossed Salad, Watermelon Slices <b>DINNER</b> Kreplach Soup, Challah/Gefilte Fish OR Apricot Tequila Chicken, Potato Kugel Tzimmes, Honey Cake</p>	<p><b>12</b> <b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Borscht Soup, Cholent Garden Salad, Fresh Fruit Compote <b>DINNER</b> Split Pea Soup, Poached Salmon w/Dill Sauce OR Herbed Chicken Pasta Salad, Marinated Cucumber Salad Chocolate Butterscotch Bar</p>		
<p><b>13</b> <b>BREAKFAST</b> French Toast, Eggs any style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Grilled Red Pepper Soup, Grilled Tilapia Baked Yam, Waldorf Salad, Lemon Bar <b>DINNER</b> Cabbage Soup, Turkey Tuscan OR Roasted Chicken, Mashed Potatoes Sautéed Green Beans, Chocolate Brownie</p>	<p><b>14</b> <b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Cream of Tomato Soup, Salmon Salad Nicoise, Homemade Bread Lemon Sherbet <b>DINNER</b> Vegetable Soup, Apricot Chicken OR Marinara Chicken, Spinach/Mushroom Bureka, Sautéed Peas, Carrots Apple Crisp</p>	<p><b>15</b> <b>BREAKFAST</b> French Toast, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Egg Drop Soup, Orange Chicken Basmati Rice, Stir Fried Broccoli Almond Cookies <b>DINNER</b> Lentil Soup, Salisbury Steak OR Baked Chicken, Baked Potato Green Bean Almandine, Cream Puffs</p>	<p><b>16</b> <b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Minestrone Soup, Vegetable Lasagna w/Cheese, Fresh Garlic Toast Garden Salad, Spumoni Ice Cream <b>DINNER</b> Cabbage Soup, Chicken Schnitzel OR BBQ Chicken, Sweet Potato Israeli Salad, Chocolate Cake</p>	<p><b>17</b> <b>BREAKFAST</b> French Toast, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Mushroom Barley Soup, Turkey Pastrami Sandwich w/Sauerkraut, Three Bean Salad Oatmeal Cookie <b>DINNER</b> Carrot Soup, Baked Salmon OR Roasted Chicken, Cous Cous, Cauliflower Mandel Bread</p>	<p><b>18</b> <b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Tomato White Bean Soup Fresh Fruit Plate, Yogurt/Cottage Cheese Pumpnickel Bread, Jello <b>DINNER</b> Matza Ball Soup, Challah/Gefilte Fish Roast Beef, Roasted Potato, Vegetables Florentine, Honey Cake</p>	<p><b>19</b> <b>BREAKFAST</b> Eggs Benedict, Cold Cereal Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Cold Borscht Soup, Egg Salad or Tuna Salad Scoop, Garden Salad, French Roll Strawberry Tart <b>DINNER</b> Split Pea Soup, Chicken Cobb Salad Beet Salad OR Herbed Chicken Quinoa Salad w/Veggies Fresh Fruit Cup</p>		
<p><b>20</b> <b>BREAKFAST</b> French Toast, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Potato Leek Soup, Broccoli Beef Steamed Rice, Coconut Pecan Cookie <b>DINNER</b> Butternut Squash Soup, Chicken Marsala OR Roasted Chicken, Potato Wedges Honey Carrots, Poached Pear</p>	<p><b>21</b> <b>BREAKFAST</b> Bagel, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Minestrone Soup, Antipasto Salad Cheese &amp; Vegetable Pizza Chocolate Mousse <b>DINNER</b> White Bean Soup, Stuffed Cabbage Herbed Chicken OR Roasted Potatoes Sautéed Green Beans Jello w/Fruit</p>	<p><b>22</b> <b>BREAKFAST</b> French Toast, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Tomato Soup, Eggplant Parmesan Garden Salad, Fruit Garnish Raspberry Sorbet <b>DINNER</b> Cabbage Soup, BBQ Chicken OR Roasted Chicken, Corn on the Cobb Tossed Salad w/Garbanzos, Tomatoes Balsamic Vinegarette, Carrot Cake</p>	<p><b>23</b> <b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Spinach Soup, Mushroom Ravioli w/Garlic &amp; Oil, Garden Salad, Cannoli <b>DINNER</b> Lentil Soup, Grilled Tilapia OR Roasted Chicken, Basamati Rice Creamed Spinach Mandel Bread</p>	<p><b>24</b> <b>BREAKFAST</b> French Toast, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Mushroom Barley Soup, Turkey w/Avocado Sub Sandwich, Coleslaw Pickle &amp; Olives, Fresh Fruit <b>DINNER</b> Vegetable Soup, Meat Loaf OR Apricot Chicken, Sweet Potato Sautéed Fresh Carrots Coconut Pecan Cookie</p>	<p><b>25</b> <b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Black Bean Soup, Cheese Enchiladas Spanish Rice, Gaucamore, Churros <b>DINNER</b> Kreplach Soup, Challah/Gefilte Fish Oven Fried Chicken OR Roasted Chicken Potato Kugel Sautéed Broccoli, Bread Pudding</p>	<p><b>26</b> <b>BREAKFAST</b> Lox &amp; Bagels, Hardboiled Eggs Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Borscht Soup, Cholent Garden Salad, Fruit Cup <b>DINNER</b> Split Pea Soup, Honey Mustard Salmon OR Herbed Chicken Tri Color Pasta Salad, Dinner Roll Chocolate Chip Cookies</p>		
<p><b>27</b> <b>BREAKFAST</b> French Toast, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Egg Drop Soup, Chicken Chow Mei Tossed Green Salad w/Carrot Ginger Dressing, Almond Cookie <b>DINNER</b> Butternut Soup, Brisket of Beef OR Roasted Chicken, Potato Pancake, Sautéed Cabbage, Chocolate Brownie</p>	<p><b>28</b> <b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Corn Chowder, Fish &amp; Chips, Coleslaw Sweet Potato Fries, Brownie <b>DINNER</b> Cauliflower Soup, Turkey Meatloaf OR Baked Chicken, Mashed Potato, Green Beans Almandine Spanish Tart Cake</p>	<p><b>29</b> <b>BREAKFAST</b> French Toast, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Vegetable Soup Choice California Burger OR Grilled Hot Dog, French Fries, Carrot Salad Apple Pie <b>DINNER</b> Tomato White Bean Soup, Rib Eye Steak OR Roasted Chicken, Herbed Rice Grilled Lemon Garlic Zucchini Sugar Cookie</p>	<p><b>30</b> <b>BREAKFAST</b> Pancakes, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Mushroom Barley Soup, Mediterranean Salad Plate, Hummus/Falafel, Pita Bread Baklava <b>DINNER</b> Lentil Soup, Baked Salmon OR Roasted Chicken, Seasoned Potato Wedges Creamed Spinach, Mandel Bread</p>	<p><b>31</b> <b>BREAKFAST</b> French Toast, Eggs any Style Hot &amp; Cold Cereals, Fresh Fruit, Prunes <b>LUNCH</b> Minestrone Soup, Vegetable Lasagna w/Cheese, Fresh Garlic Toast Garden Salad, Spumoni <b>DINNER</b> Butternut Squash Soup Chicken Schnitzel or BBQ Chicken Kasha Varnishkes, Roasted Carrots Blueberry Cake</p>	<p><b>AUGUST IS...</b></p> <table border="0"> <tr> <td data-bbox="2206 1612 2638 1872"> <ul style="list-style-type: none"> <li>American Adventures Month</li> <li>American Artists Appreciation Month</li> <li>Black Business Month</li> <li>Cataract Awareness Month</li> <li>Family Meal Month</li> <li>Fantasy Football Month</li> <li>Happiness Happens Month</li> <li>Keeping Cool Month</li> <li>Learn Japanese Month</li> </ul> </td> <td data-bbox="2638 1612 3070 1872"> <ul style="list-style-type: none"> <li>National Eat Dessert First Month</li> <li>National Fair Month</li> <li>National Goat Cheese Month</li> <li>National Parks Month</li> <li>National Sandwich Month</li> <li>National Win with Civility Month</li> <li>Summer Fun Month</li> <li>Water Quality Month</li> <li>Wild Blueberry Month</li> </ul> </td> </tr> </table>		<ul style="list-style-type: none"> <li>American Adventures Month</li> <li>American Artists Appreciation Month</li> <li>Black Business Month</li> <li>Cataract Awareness Month</li> <li>Family Meal Month</li> <li>Fantasy Football Month</li> <li>Happiness Happens Month</li> <li>Keeping Cool Month</li> <li>Learn Japanese Month</li> </ul>	<ul style="list-style-type: none"> <li>National Eat Dessert First Month</li> <li>National Fair Month</li> <li>National Goat Cheese Month</li> <li>National Parks Month</li> <li>National Sandwich Month</li> <li>National Win with Civility Month</li> <li>Summer Fun Month</li> <li>Water Quality Month</li> <li>Wild Blueberry Month</li> </ul>
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**DINING HOURS** Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Menu subject to change.

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