

GARDEN OF PALMS MENU



August 2018

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

MENU ALTERNATIVES

Fruit & Cottage Cheese Platter

Assorted Sandwiches including Egg or Tuna Salad, Turkey Peanut Butter & Jelly

THE MONTH OF AUGUST IS...

Admit You're Happy Month	National Catfish Month
American Adventures Month	National Crayon Collection Month
Black Business Month	National Eye Exam Month
Family Fun Month	National Golf Month
Dog Days of Summer	National Immunization Awareness Month
Get Ready for Kindergarten Month	National Peach Month
Happiness Happens Month	National Picnic Month
International Peace Month	Romance Awareness Month
MedicAlert Awareness Month	Water Quality Month
National Back to School Month	What Will be Your Legacy Month

5 BREAKFAST
French Toast, Eggs any Style
Hot & Cold Cereals, Fresh Fruit, Prunes
LUNCH
Broccoli Soup, Tuna Salad
Garden Salad, Fresh Fruit, Fresh Bread
Ice Cream
DINNER
Cabbage Soup, Marinara Chicken or Roast Chicken, Mashed Potatoes
Grilled Zucchini, Baked Potato
Chocolate Brownies

6 BREAKFAST
Pancakes, Eggs any Style
Hot & Cold Cereals, Fresh Fruit, Prunes
LUNCH
Carrot Soup, Chicken Salad
Potato Salad, Fresh Fruit
Cookies
DINNER
Lentil Soup, Salisbury Steak w/Mushroom Sauce, Mashed Potatoes, Green Beans
Blueberry Cake

7 BREAKFAST
French Toast, Eggs any Style
Hot & Cold Cereals, Fresh Fruit, Prunes
LUNCH
Cream of Broccoli Soup, Salmon
Israeli Couscous w/ Olives and Roasted Tomatoes, Fresh Fruit
DINNER
Corn Soup, Curry Chicken or Roasted Chicken, Rice, Coleslaw
Coconut Cookies

8 BREAKFAST
Pancakes, Eggs any Style
Hot & Cold Cereals, Fresh Fruit, Prunes
LUNCH
Veggie Soup, Chili/Carne Spaghetti
Broccoli, Chocolate Cookies
DINNER
Mushroom Barley Soup, Baked Tilapia or Roasted Chicken, Mashed Potatoes
Green Peas and Red Pepper
Mandel Bread

9 BREAKFAST
French Toast, Eggs any Style
Hot & Cold Cereals, Fresh Fruit, Prunes
LUNCH
Corn Soup, Tuna Salad, Green Salad
Fresh Bread, Ice Cream
DINNER
Tomato Basil Soup, French Dip Au Jus or BBQ Chicken, Herb Roasted Potatoes
Coleslaw, Raspberry Sorbet

10 BREAKFAST
Pancakes, Eggs any Style
Hot & Cold Cereals, Fresh Fruit, Prunes
LUNCH
Tomato Veggie Soup, Grilled Cheese
Sandwiches, French Fries, Tossed Salad
Watermelon Slices
DINNER
Kreplach Soup, Challah/Gefilte Fish or Apricot Tequila Chicken, Potato Kugel
Tzimmes, Honey Cake

11 BREAKFAST
Lox & Bagels, Hardboiled Eggs
Cold Cereals, Fresh Fruit, Prunes
LUNCH
Borscht Soup, Salami Sandwich
Garden Salad, Fresh Fruit
DINNER
Split Pea Soup, Poached Salmon w/Dill Sauce, Pasta Salad
Marinated Cucumber Salad
Chocolate Butterscotch Bar

12 BREAKFAST
French Toast, Eggs any Style
Hot & Cold Cereals, Fresh Fruit, Prunes
LUNCH
Mushroom Barley Soup, Mediterranean Salad Plate, Hummus/Falafel, Pita Bread
Lemon Sorbet
DINNER
Vegetable Soup, BBQ Chicken or Marinated Chicken, Baked Potato
Cream of Spinach, Apple Crisp

13 BREAKFAST
Pancakes, Eggs any Style
Hot & Cold Cereals, Fresh Fruit, Prunes
LUNCH
Egg Drop Soup, Orange Chicken
Brown Rice, Broccoli, Almond Cookies
DINNER
Onion Soup
Spaghetti & Meatballs, Zucchini
Cream Puff

14 BREAKFAST
French Toast, Eggs any Style, Prunes
Hot & Cold Cereals, Fresh Fruit
LUNCH
Mushroom Barley Soup, Corned Beef
Sandwich w/Rye Bread, Coleslaw Lemon Bar
DINNER
White Bean Soup, Poached Salmon
Roasted Chicken, Rice Pilaf
Israeli Salad, Chocolate Brownie

15 BREAKFAST
Pancakes, Eggs any Style, Prunes
Hot & Cold Cereals, Fresh Fruit
LUNCH
Minestrone Soup, Vegetable Lasagna w/Cheese, French Garlic Toast
Garden Salad, Spumoni
DINNER
Cabbage Soup, Chicken Schnitzel or BBQ Chicken, Sweet Potato, Green Salad,
Chocolate Cake

16 BREAKFAST
Pancakes, Eggs any Style
Hot & Cold Cereals, Fresh Fruit, Prunes
LUNCH
Corn Chowder, Tilapia, Coleslaw Sweet
Potato Fries
Chocolate Ice Cream
DINNER
Cauliflower Soup, Beef Brisket or Baked Chicken, Mashed Potatoes
Green Bean Almandine
Spanish Tart Cake

17 BREAKFAST
Pancakes, Eggs any Style
Hot & Cold Cereals, Fresh Fruit, Prunes
LUNCH
Potato Soup, Fresh Fruit Plate
Yogurt/Cottage Cheese
Cornmeal Bread, Jell-O
DINNER
Matza Ball Soup, Challah, Gefilte Fish
Roast Beef, Spanish Rice
Vegetable Florentine, Honey Cake

18 BREAKFAST
Lox & Bagels, Hard Boiled Eggs
Cold Cereals, Fresh Fruit, Prunes
LUNCH
Cold Borscht Soup, Egg Salad and Tuna
Salad, French Bread, Garden Salad
Strawberry Tart
DINNER
Split Pea Soup, Chicken Salad or Herbed Chicken, Beef Salad
Rotini Salad w/Veggies
Chocolate Cake

19 BREAKFAST
French Toast, Eggs any Style
Hot & Cold Cereals, Fresh Fruit, Prunes
LUNCH
Red Bell Pepper Soup, Eggplant Parmesan w/Cheese, Garden Salad, Fresh Fruit
Coconut Cookies
DINNER
Roasted Butternut Squash Soup
Apricot Tequila Chicken, Potato Wedges
Honey Carrots, Poached Pear

20 BREAKFAST
Pancakes, Eggs any Style
Hot & Cold Cereals, Fresh Fruit, Prunes
LUNCH
Minestrone Soup, Cheese & Vegetable
Pizza, Cabbage Salad, Fresh Fruit
Chocolate Mousse
DINNER
White Bean Soup, Meatloaf or Herbed Chicken, Mashed Potatoes
Green Beans, Banana Cake

21 BREAKFAST
French Toast, Eggs any Style
Hot & Cold Cereals, Fresh Fruit, Prunes
LUNCH
Carrot Soup, Grilled Tilapia
Baked Potato, Grilled Zucchini
Chocolate Cake
DINNER
Minestrone Soup, BBQ Chicken or Roasted Chicken, Corn on the Cob
Tossed Salad w/Garbanzo and Tomato
Almond Cookies

22 BREAKFAST
Pancakes, Eggs any Style, Prunes
Hot & Cold Cereals, Fresh Fruit
LUNCH
Minestrone Soup, Corned Beef
French Garlic Toast, Green Salad
Peanut Butter Cookies
DINNER
Cabbage Soup, Chicken Schnitzel or BBQ Chicken, Sweet Potato, Green Salad,
Chocolate Cake

23 BREAKFAST
French Toast, Eggs any Style
Hot & Cold Cereals, Fresh Fruit, Prunes
LUNCH
Mushroom Barley Soup
Turkey w/Avocado Sub Sandwich, Pickle
Cucumber Salad, Fresh Fruit
DINNER
Vegetable Soup, Stuffed Cabbage
Roasted Potatoes, Fresh Ginger Carrots
Baked Apples

24 BREAKFAST
Pancakes, Eggs any Style
Hot & Cold Cereals, Fresh Fruit, Prunes
LUNCH
Pinto Bean Soup, Cheese Enchiladas
Spanish Rice, Guacamole, Churros
DINNER
Kreplach Soup, Challah, Gefilte Fish
Oven Fried Chicken or
Roasted Chicken, Potato Kugel
Sautéed Broccoli, Bread Pudding

25 BREAKFAST
Lox & Bagels, Hardboiled Eggs
Cold Cereal, Fresh Fruit, Prunes
LUNCH
Borscht Soup, Cholent
Garden Salad, Fruit Cup
DINNER
Split Pea Soup, Honey Mustard Salmon or Herbed Chicken
Tri-Color Pasta Salad, Dinner Roll
Chocolate Chip Cookies

26 BREAKFAST
French Toast, Eggs any Style
Hot & Cold Cereals, Fresh Fruit, Prunes
LUNCH
Grilled Red Pepper Soup, Choice of Hot
Dog or Hamburger, Carrot Salad, French
Fries, Oatmeal Cookies, Watermelon
DINNER
Cauliflower Soup, Turkey Meatloaf or Baked Chicken, Green Beans Almandine
Spinach, Coconut Cookies

27 BREAKFAST
Pancakes, Eggs any Style
Hot & Cold Cereals, Fresh Fruit, Prunes
LUNCH
Leak and Potato Soup, Vegetable
Quiche, Green Salad, Focaccia Bread
Chocolate Pudding
DINNER
Cauliflower Soup, Turkey Spaghetti & Meatballs or Baked Chicken, Broccoli
Banana Cake

28 BREAKFAST
French Toast, Eggs any Style
Hot & Cold Cereals, Fresh Fruit, Prunes
LUNCH
Mushroom Soup, Chicken Lo Mein
Broccoli, Fresh Fruit
DINNER
Tomato Soup, Rib Eye Steak or Roasted
Chicken, Herbed Rice, Grilled Lemon
Garlic Zucchini, Sugar Cookies

29 BREAKFAST
Pancakes, Eggs any Style
Hot & Cold Cereals, Fresh Fruit, Prunes
LUNCH
Vegetable Soup, Salmon, Rice
Garden Salad, Cookies
DINNER
Lentil Soup, Chicken Marsala
Seasoned Potatoes
Creamed Spinach
Jell-O

BREAKFAST
French Toast, Eggs any Style
Hot & Cold Cereals, Fresh Fruit, Prunes
LUNCH
Minestrone Soup, Tuna Melt Sandwich
French Fries, Garden Salad
Spumoni Ice Cream
DINNER
Butternut Squash, Chicken Schnitzel or
BBQ Chicken, Kasha Varnishkes
Roasted Carrots, Fresh Fruit

BREAKFAST
Pancakes, Eggs any Style
Hot & Cold Cereals, Fresh Fruit, Prunes
LUNCH
Corn Soup, Cheese Blintzes,
Apple Sauce, Sour Cream
Fresh Fruit
DINNER
Matza Ball Soup, Challah, Gefilte Fish
Lamb Chops w/Mint Jam or Baked
Chicken, Sweet Noodle, Kugel
Tossed Salad, Apple Sauce Cake

BEVERAGES
Breakfast
Cranberry, Apple,
Orange Juices
Coffee - Hot Tea
Hot Chocolate
Milk - Water
Lunch & Dinner
Coffee - Hot Tea
Water - Ice Tea
Lemonade

DINING HOURS Breakfast: 7:30 to 9:00 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Menu subject to change.

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