

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>APRIL 2023 / 5782</div> <div>SOUL CALENDAR</div>						<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 Daily Chronicle Discussion</div> <div>1:30 WALKABOUT</div> <div>2:00 Twister with a Twist</div> <div>3:00 Meditate to the Sounds of Nature</div> <div>7:52 Shabbat Ends</div> <div>April Fools' Day</div>
<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 WALKABOUT</div> <div>2:00 Who Am I? Trivia</div> <div>3:00 Green Thumb - Gardening</div> <div>6:00 Movie of the Night: "Dog Gone" (2023)</div>	<div>9:30 Parsha of the Week</div> <div>10:00 Armchair Bandits Band Exercises</div> <div>11:00 Daily Chronicle Discussion</div> <div>1:30 Afternoon Rainbow Trivia</div> <div>2:00 CRAFT: Painting Rainbows</div> <div>3:00 Meditate to the Sounds of Nature</div> <div>6:00 Movie of the Night: "True Spirit"</div> <div>FIND A RAINBOW DAY!</div>	<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 Breathing Exercises</div> <div>2:00 SPRING HAS SPRUNG! Spring Collage</div> <div>3:00 Winddown to the Oldies</div> <div>6:00 Movie of the Night: "Tick, Tick...Boom!" (2021)</div>	<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 WALKABOUT</div> <div>2:00 Pop Songs Karaoke</div> <div>3:00 Spa Time - Hand &amp; Temple Massages</div> <div>6:00 Movie of the Night: "The Sting" (1973)</div> <div>Passover Begins</div>	<div>9:30 The Daily Chronicle</div> <div>10:00 Armchair Bandits - Band Exercises</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 Charlie Brown Trivia</div> <div>2:00 Color up! Charlie Brown Character Coloring</div> <div>3:00 Ball Exercises</div> <div>6:00 Movie of the Night: "Parenthood" (1989)</div>	<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 Mental Floss - Name Games</div> <div>2:00 CRAFT: "Tissue Paper Stained Glass"</div> <div>3:00 Lemonade with Friends Outdoors</div> <div>6:00 Movie of the Night: "Twins" (1988)</div> <div>NO HOUSEWORK DAY!</div>	<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 WALKABOUT</div> <div>2:00 Paper Cup Chocolate Boxes</div> <div>3:00 Relax to the Sounds of Nature</div> <div>6:00 Movie of the Night: "Feel the Beat" (2020)</div>
<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 WALKABOUT</div> <div>2:00 CRAFT: Easter Egg Decorating</div> <div>3:00 Trip Down Memory Lane</div> <div>6:00 Movie of the Night: "The Burbs" (1989)</div>	<div>9:30 Parsha of the Week</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 100 Fun Facts of all the States</div> <div>2:00 Wunderlust! Morocco! YouTube</div> <div>3:00 Mid Day Tea</div> <div>6:00 Movie of the Night: "Heroes" (1977)</div>	<div>9:30 The Daily Chronicle</div> <div>10:00 Armchair Bandits - Band Exercises</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 TRIVIA!</div> <div>2:00 Peru - Netflix Documentary</div> <div>3:00 Documentary Discussion</div> <div>6:00 Movie of the Night: "Joan Didion: The Center Will Not Hold" (2017)</div>	<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 WALKABOUT</div> <div>2:00 ANIMAL BINGO!</div> <div>3:00 Armchair Travel: SPAIN! Documentary</div> <div>6:00 Movie of the Night: "My Octopus Teacher" (2020)</div>	<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 Historical Photos for Reminiscing</div> <div>2:00 APRIL BIRTHDAY CELEBRATION!</div> <div>3:00 Famous Redheads Game</div> <div>6:00 Movie of the Night: "Downfall: The Case Against Boeing 737 MAX" (2022)</div>	<div>9:30 The Daily Chronicle</div> <div>10:00 Ball Exercises</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 "Breaking the Ice" Game</div> <div>2:00 CRAFT: Pet Poodle Project</div> <div>3:00 Meditate to the Sounds of Nature</div> <div>6:00 Movie of the Night:</div> <div>NATIONAL PET DAY!</div>	<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 WALKABOUT</div> <div>2:00 Twister with a Twist</div> <div>3:00 Rat Pack Karaoke!</div> <div>6:00 Movie of the Night: "Mucho Mucho Amor" (2020)</div>
<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 WALKABOUT</div> <div>2:00 Story of the Conquest of Mt. Everest May 1953</div> <div>3:00 Have you Ever....? Game</div> <div>6:00 Movie of the Night: "Ella Fitzgerald: Just one of those Things" (2019)</div>	<div>9:30 Parsha of the Week</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 Guess Who I am Game</div> <div>2:00 Abstract Painting</div> <div>3:00 Ice Cream Social</div> <div>6:00 Movie of the Night: "Frank and Cindy" (2015)</div>	<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 Spring Reminiscing</div> <div>2:00 Spring Collage</div> <div>3:00 Mental Floss - Word Game</div> <div>6:00 Movie of the Night:</div> <div>TAX DAY!!</div>	<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 WALKABOUT</div> <div>2:00 Ball Exercises</div> <div>3:00 Sensory Relaxation</div> <div>6:00 Movie of the Night: "Found" (2021)</div>	<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 Simon Says - Drumstick Game</div> <div>2:00 CRAFT: Painting Birdhouses</div> <div>3:00 What Comes to Mind When You Hear "Spring?" Game</div> <div>6:00 Movie of the Night: "Chasing Coral" (2017)</div>	<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 Scent Guessing Game</div> <div>2:00 Tea Time with Friends</div> <div>3:00 21 Card Game</div> <div>6:00 Movie of the Night: "The Taste of Tea" (2005)</div> <div>NATIONAL TEA DAY!</div>	<div>9:30 The Daily Chronicle</div> <div>10:00 Armchair Bandits - Band Exercises</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 WALKABOUT</div> <div>2:00 Earth Day Facts and Discussion</div> <div>3:00 Earth Day Documentary</div> <div>6:00 Movie of the Night: "Kiss the Ground" Documentary (2020)</div> <div>Earth Day</div>
<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 WALKABOUT</div> <div>2:00 Stick Figuring Drawing Game</div> <div>3:00 Hand Massages to the Sound of Music</div> <div>6:00 Movie of the Night: "Blonde" 2022)</div>	<div>9:30 Parsha of the Week</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 50's Singalongs</div> <div>2:00 CRAFT: Bookmarks</div> <div>3:00 CHARDES! Spring Edition</div> <div>6:00 Movie of the Night: "Five Feet Apart" (2019)</div>	<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 Month of April Fun Facts</div> <div>2:00 CRAFT: Painting Flower Pots</div> <div>3:00 Meditate to the Sounds of Nature</div> <div>6:00 Movie of the Night: "Kodachrome" (2017)</div>	<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 WALKABOUT</div> <div>2:00 BASKETBALL!!!</div> <div>3:00 Which Country Am I Located in? Game</div> <div>6:00 Movie of the Night: "Office Space" (1999)</div> <div>Administrative Professionals Day</div>	<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 Breathing Exercises</div> <div>2:00 Color Hour</div> <div>3:00 Reminiscence - Candy You Grew Up Eating</div> <div>6:00 Movie of the Night:</div> <div>NATIONAL GUMMI BEAR DAY!</div>	<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 Mental Floss: Name As Many Countries in 30 min.</div> <div>2:00 Plant a Succulent</div> <div>3:00 Stretch to the Sounds of Nature</div> <div>6:00 Movie of the Night: "Our Planet" (2020) Documentary</div> <div>Arbor Day</div>	<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 WALKABOUT</div> <div>2:00 "Gunther's Millions" Documentary (2023)</div> <div>3:00 Spa Time - Hand Massages</div> <div>6:00 Movie of the Night: "My Girl" (1991)</div>
<div>9:30 The Daily Chronicle</div> <div>10:00 WORK IT! Exercise</div> <div>11:00 The Daily Chronicle Discussion</div> <div>1:30 WALKABOUT</div> <div>2:00 "The Alpinist" Documentary</div> <div>3:00 Meditate to the Sounds of Nature</div> <div>6:00 Movie of the Night: Struggle in the Pier" (1956)</div>	<div>GARDEN OF PALMS</div>					