

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 9:30 Classical Meditation <b>10:00 "Do the Twist" Fitness</b> 11:00 Torah Talk 1:30 Sing Along to Golden Oldies 2:00 Everything You Need to Know About Gematria <b>3:00 Soul Bowl</b> 4:00 Back in the Day: The Twist 6:00 Explore the World in Film <i>Bright</i>	<b>2</b> 9:30 <b>Daily Chronicle</b> 10:00 Strength and Balance Training <b>11:00 Tech Talk Tuesday: Are Smartphones Making Us Smarter?</b> 1:30 10 Things You Never Knew Could Be an Ice Cream Sandwich <b>2:00 Bubbe's Kitchen: Homemade Ice Cream Sandwiches</b> 3:00 Create and Sip 4:00 Word Games 6:00 Inspirational Movie <i>A Week Away</i>	<b>3</b> 9:30 Yiddish Sayings <b>10:00 Shvitz &amp; Sit</b> 11:00 Sifra & Sifre: A Pursuit to Justice 1:30 Music that Fueled Our World: Tony Bennett <b>2:00 Living Longer in the Blue Zones</b> 3:00 SOUL Free Throw Contest 4:00 World Issue Discussion 6:00 Wednesday Classic <i>Edward Scissorhands</i>	<b>4</b> 9:30 <b>Morning Periodicals</b> 10:00 Kickbox Fitness <b>11:00 Bingo</b> 1:30 The Music of Louis Armstrong <b>2:00 Literary Power Couples</b> 3:00 Summer Crafting Series: Solar Lanterns <b>4:00 Parsha of the Week: Devarim</b> 6:00 Throwback Thursday <i>The Giver</i>	<b>5</b> 9:30 <b>August Gazette</b> 10:00 SOUL Dance Fitness <b>11:00 Tisha B'av 101</b> 1:30 American Bandstand 2:00 Port of Call: The Hirschom Sculpture Garden <b>3:30 Shabbat Blessing with Rabbi Gerry Corn</b> <b>4:00 Shabbat Songs</b> <b>7:33 Shabbat Begins</b>	<b>6</b> 9:30 <b>Rise &amp; Shine Periodicals</b> 10:00 Seated Yoga <b>11:00 Twister Toss</b> <b>2:00 The Case for Andy Warhol</b> <b>3:00 Ready, Set, Connect</b> <b>4:00 The Zen Room: Hand Massage</b> 6:00 Israel Lights! Camera! Action! Shtisel Ep 7-8 <b>8:30 Shabbat Ends</b>
<b>7</b> 9:30 Morning Meditation 10:00 Jazzercise 11:00 International Friendship Day Sing Along <b>1:00 Bingo</b> <b>2:00 Love on a Leash</b> <b>2:30 Sunday Musical Matinee: Get On Up</b> 4:00 Art By The Numbers 6:00 <i>Our Planet</i>	<b>8</b> 9:30 This Day in Jewish History <b>10:00 Chair Barre</b> <b>11:00 The History of Tea Reading</b> 1:30 Famous Sisters Matching 2:00 Art Appreciation: Franz Marc <b>3:00 Soul in Bloom Floral Arranging</b> <b>4:00 The Little Midrash</b> 6:00 Monday Night at the Opera <i>The Merry Wives of Windsor</i>	<b>9</b> 9:30 Cuppa and Conversation <b>10:00 Sing and Swing Workout</b> 11:00 Daily Chronicle 1:30 Good News Network <b>2:00 10 Things About the Jewish Language to Know</b> <b>2:30 Live Entertainment: Oldies Karaoke</b> <b>3:00 Summer Crafting Series: Handmade Leis</b> 4:00 Hot Off The Press: Current Events 6:00 Inspirational Movie <i>God Calling</i>	<b>10</b> 9:30 Finish the Proverb 10:00 Carlebach Cardio! <b>11:00 What's On Display at the Smithsonian?</b> <b>1:30 Soul Outing: Beach Day!</b> 2:00 Wellness Vitals 3:00 <b>Iced Tea Creations</b> 4:00 Dear Safta Life Advice 6:00 Wednesday Classic <i>Stand By Me</i>	<b>11</b> 9:30 <b>Inner Light Meditation</b> <b>10:00 Seated Hula Exercise</b> <b>11:00 Port of Call: Hawaii</b> 1:30 Before Hawaii Became a State <b>2:00 Garden of Paradise Annual Luau</b> 3:00 <b>Pin the Coconut on the Coconut Tree</b> <b>4:00 Parsha of the Week: Va'etchanan</b> 6:00 Hawaiian Islands Cinema <i>Blue Hawaii</i>	<b>12</b> 9:30 The #1 Hits of August: 1940s 10:00 Weight Training Circuit <b>11:00 Challah Braiding</b> 1:30 Virtual Concert Series <b>2:00 Men's Club: Root Beer Floats</b> 2:00 Ladies Society: National Tea Week High Tea 3:30 Shabbat Blessings with Rabbi Gerry Corn <b>7:26 Shabbat Begins</b>	<b>13</b> 9:30 Today in History <b>10:00 Chair Chi</b> 11:00 Everything You Need to Know About The Perseid Meteor Shower 2:00 Back in My Day: Pay Phones 3:00 National Bowling Day Bowl Off <b>4:00 The Zen Room: Hand Care</b> 6:00 Israel Lights! Camera! Action! <i>Denial</i> <b>8:22 Shabbat Ends</b>
<b>14</b> 9:30 Good Morning Check In 10:00 Balloon Toss 10:30 Bingo 1:30 Shoot the Birdie <b>2:00 Pet Therapy</b> <b>2:30 Sunday Musical Matinee: Enchanted</b> 4:00 Grammatically Speaking 6:00 <i>Our Planet</i>	<b>15</b> 9:30 The Daily Chronicle <b>10:00 Healthy Joints</b> 11:00 Trivia Time! 1:30 SOUL Talk 2:00 Bubbe's Kitchen: Fruit Pops <b>3:00 Spa Day: Hand Masks and Massage</b> <b>4:00 Short Story Spotlight</b> 6:00 Explore the World in Film <i>The Golden Compass</i>	<b>16</b> 9:30 <b>Torah Talks</b> 10:00 Strength and Balance Training 11:00 Short Story Spotlight: Mother's Moussaka 1:30 Tickle Your Funny Bone Comedy <b>2:00 The Klondike Gold Rush</b> 3:00 Summertime Mini Golf 4:00 Table Topics 6:00 Inspirational Movie <i>Nothing to Lose</i>	<b>17</b> 9:30 <b>Jewish Scattegories</b> <b>10:00 Shvitz &amp; Sit</b> 11:00 Travel Categories 1:30 The Best Places to Travel in 2022 2:00 Music Therapy with Ethan <b>3:00 Summer Craft Series: Hello, Sunflower</b> 4:00 Dear Safta Life Advice 6:00 Wednesday Classic <i>Little Women</i>	<b>18</b> 9:30 Morning Torah <b>10:00 Juke &amp; Jive Stretch</b> 11:00 מעשיות מיט א באָרד (Ma'asios Mit A Bord) Fables & Parables <b>1:30 The 19th Amendment - A Woman's Right to Vote</b> 2:00 Giving Women Their Place in History 3:00 Catalogue Scavenger Hunt <b>4:00 Parsha of the Week: Eikev</b> 6:00 Throwback Thursday <i>My Girl</i>	<b>19</b> 9:30 The #1 Hits of August: 1950s 10:00 Fit to the Core <b>11:00 The Wight Brothers and the Dawn of the Aviation Industry Just "Plane" Fun</b> <b>2:00 Shabbos Nail Salon</b> <b>3:30 Shabbat Blessings with Rabbi Gerry Corn</b> 4:00 Shabbat Songs <b>7:18 Shabbat Begins</b>	<b>20</b> 9:30 Rise and Shine Periodicals 11:00 Group Word Search <b>1:30 Junk Drawer Detective</b> 2:00 National Lemonade Day Lemonade Bar <b>3:00 Back in My Day: Lemonade Stands</b> <b>4:00 The Zen Room: Quiet Meditation</b> 6:00 Israel Lights! Camera! Action! <i>Shtisel Ep 9-10</i> <b>8:13 Shabbat Ends</b>
<b>21</b> 9:30 Morning Meditation 10:00 Chair Yoga 11:00 National Senior Citizens Day Proclamation <b>1:30 National Senior Citizens Day Ice Cream Sundaes</b> <b>2:30 Sunday Musical Matinee: Royal Wedding</b> 4:00 Dog Days of Summer 6:00 Tactile Manipulation: Jigsaw Puzzles	<b>22</b> 9:30 <b>Brain Fitness</b> <b>10:00 Chair Barre</b> <b>11:00 Bingo</b> 1:30 The Poetry of Dorothy Parker 2:00 ASL 101 <b>3:00 SOUL in Bloom Floral Arranging</b> <b>4:00 The Little Midrash</b> 6:00 Explore the World in Film <i>Red Riding Hood</i>	<b>23</b> 9:30 Tikva Records Radio <b>10:00 Chairobics</b> 11:00 <b>Access Mars Virtual Tour</b> <b>1:30 Would You Rather?</b> <b>2:00 The History of the World Wide Web</b> <b>3:00 Give Me 5</b> 4:00 Hot Off The Press: Hadassah Check In 6:00 Inspirational Movie <i>Tarung Sarung</i>	<b>24</b> 9:30 <b>Yiddish Phrases</b> <b>10:00 Carlebach Cardio!</b> 11:00 Waffle Through the Ages <b>1:30 Ancient Jewish Art</b> <b>2:00 Wellness Vitals</b> 3:00 <b>Create Your Own Waffle Bar</b> 4:00 <b>Dear Safta Life Advice</b> 6:00 Wednesday Classic <i>Steel Magnolias</i>	<b>25</b> 9:30 <b>Morning Torah</b> <b>10:00 SOUL Weight Training Circuit</b> 11:00 Interesting Facts About <i>The Wizard of Oz</i> 1:30 Sing Along with Bernstein <b>2:00 Very Berry Smoothies</b> 3:00 Tin Can Shoot 'Em Up <b>4:00 Parsha of the Week: Re'Eh</b> 6:00 Throwback Thursday <i>The Space Between Us</i>	<b>26</b> 9:30 The #1 Hits of August: 1960s 10:00 Sing and Stretch <b>11:00 Port of Call: San Francisco, CA</b> 1:30 Travel the World with Google Earth <b>2:00 Hidden Women in Science</b> <b>2:30 Shabbos Nail Salon</b> <b>3:30 Shabbat Blessings with Rabbi Gerry Corn</b> <b>7:09 Shabbat Begins</b>	<b>27</b> 9:30 Today in History <b>10:00 Stretch and Flex</b> 11:30 Group Word Search <b>1:30 The Importance of Handwashing</b> 2:00 Spiced Up Art <b>3:00 Group Up</b> <b>4:00 The Zen Room: Shoulder Massage</b> 6:00 Israel Lights! Camera! Action! <i>A Mysterious Man</i> <b>8:04 Shabbat Ends</b>
<b>28</b> 9:30 Morning Meditation <b>10:00 Dance Aerobics</b> <b>11:00 Word Building Challenge</b> 1:30 Art By the Numbers <b>2:00 Pet Therapy</b> <b>2:30 Sunday Musical Matinee Prom: The Musical</b> 4:00 Picture It! 6:00 Patio Talks	<b>29</b> 9:30 <b>Brain Fitness</b> <b>10:00 Chair Barre</b> <b>11:00 Bingo</b> 1:30 20 Unusual Uses for Lemon Juice 2:00 Gin Rummy Club <b>3:00 Bubbe's Kitchen: Mixed Melon Salad</b> <b>4:00 The Little Midrash</b> 6:00 Explore the World in Film <i>Paradise Hills</i>	<b>30</b> 9:30 Tikva Records Radio <b>10:00 Chairobics</b> 11:00 Jewish Identity in the US <b>1:30 Would You Rather?</b> <b>2:00 A Day at the Fair</b> <b>3:00 Beach Ball Toss</b> 4:00 Hot Off The Press: Hadassah Check In 6:00 Inspirational Movie <i>Brain On Fire</i>	<b>31</b> 9:30 <b>Yiddish Phrases</b> <b>10:00 Carlebach Cardio!</b> 11:00 Remembering Princess Diana <b>1:30 Sing Along with Aretha Franklin</b> <b>2:00 Wellness Vitals</b> 3:00 <b>Summer Craft Series: Tissue Paper Collages</b> 4:00 <b>Dear Safta Life Advice</b> 6:00 Wednesday Classic <i>Cairo Station</i>	<div>  <div> <div>SOUL CALENDAR</div> <div>AUGUST 2022</div> <div>Av-Elul, 5782</div> </div>  </div>		