

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>9:30 Morning Motown Soul Music 10:00 Chair Zumba <b>11:00 National Cookie Day Cookie Decorating</b> <b>1:00 Love on a Leash</b> 1:30 Who Am I? <b>2:00 Sunday Afternoon Matinee The Producers</b> 4:00 Pre Dinner Pump Up 6:00 Sunday Funnies <i>The Carol Burnett Show</i></p> <p style="text-align: right;"><b>4</b></p>	<p><b>9:30 News and Views</b> 10:00 Stretch and Strengthen 11:00 Live Entertainment with Lawrie 1:30 25 Greatest Natural Wonders of the World <b>2:00 Current Events Chronicle</b> <b>3:00 Round Robin Story Telling</b> <b>4:00 Trivia Time!</b> 6:00 Monday Night Documentary <i>Chasing Coral</i></p> <p style="text-align: right;"><b>5</b></p>	<p>9:30 Tikva Records Radio 10:00 Strength and Balance Training <b>11:00 Classic Toys</b> 1:30 Winter in the Midwest Part 1 <b>2:00 Winter Craft Series: Snowball Garland</b> 3:00 Yiddish Classic Sing Along 4:00 Torah Talk 6:00 Classic Film Tuesday <i>North by Northwest</i></p> <p style="text-align: right;"><b>6</b></p>	<p>9:30 Enlightenment Meditation <b>10:00 Shvitz &amp; Sit</b> <b>11:00 Bubbe's Culinary Creations Hearty Lentil Soup</b> 1:30 Wiser Now Wednesday 2:00 Remembering Pearl Harbor <b>3:00 Music Appreciation: An Hour with Ira Gershwin</b> 4:00 Current Events Discussion 6:00 Wednesday Classic <i>The Seven Year Itch</i></p> <p style="text-align: right;"><b>7</b></p>	<p><b>9:30 Hot Off the Press Periodicals</b> 10:00 Kickbox Fitness <b>11:00 Entertainer Spotlight: Mary Martin</b> 1:30 Beneath the Mysterious Canals of Venice <b>2:00 Artistic Expression: Girl with a Pearl Earring</b> 3:00 It's Mint to Be: All About the Mint Plant <b>4:00 Parsha of the Week Discussion</b> 6:00 Throwback Thursday <i>Goodbye Mr Chips</i></p> <p style="text-align: right;"><b>1</b></p>	<p><b>9:30 Jewish Journal</b> 10:00 SOUL Dance Fitness <b>12:30 Holiday Cards</b> 1:30 American Bandstand 2:00 Shabbos Nail Salon <b>3:30 Shabbat Blessing with Rabbi Gerry Corn</b> <b>4:00 Shabbat Davening</b> <b>4:26 Shabbat Begins</b></p> <p style="text-align: right;"><b>2</b></p>	<p>9:30 Daily Chronicle Discussion 10:00 Seated Yoga <b>11:00 Peppermint Hot Cocoa Cafe</b> 1:30 The Zen Room: Hand Massage <b>3:00 Game On: Blackjack</b> 4:00 Reminiscing Together: Bake Sales <b>5:25 Shabbat Ends</b> 6:00 Yiddish Cinema <i>Minashe</i></p> <p style="text-align: right;"><b>3</b></p>
<p>9:30 Positive Energy Piano Tunes 10:00 Dance Aerobics <b>11:00 Live Entertainment with Ronnie Jayne</b> 1:00 Patio Pet Therapy <b>2:00 Color Therapy: Winter Scenes</b> <b>3:00 Who Am I? December Babies</b> 4:00 Brainteaser Challenge 6:00 Modern Classic Cinema <i>Forrest Gump</i></p> <p style="text-align: right;"><b>11</b></p>	<p>9:30 Frank Sinatra Radio 10:00 Chair Fitness <b>11:00 Entertainer Spotlight: The Rat Pack</b> 1:30 Current Events Discussion <b>2:00 Yasha on Violin</b> 3:00 Shuffleboard <b>4:00 The Little Midrash</b> 6:00 Rat Pack Theater <i>Ocean's 11</i></p> <p style="text-align: right;"><b>12</b></p> <p style="text-align: center;">Happy Birthday, Frank Sinatra</p>	<p>9:30 5 in 30 10:00 Resistance Band Workout <b>11:00 Popcorn on a String</b> 1:30 Winter in the Midwest Part 2 2:00 It's a Mitzvah: Treats for the LAFD <b>3:00 Hot Cocoa Bar</b> 4:00 Current Events Discussion 6:00 Classic Film Tuesday <i>Carmen Jones</i></p> <p style="text-align: right;"><b>13</b></p> <p style="text-align: center;">National Cocoa Day</p>	<p>9:30 Positive Affirmations <b>10:00 Carlebach Cardio!</b> 11:00 Music Appreciation: Irving Berlin <b>1:30 The World in 2050</b> <b>2:00 Soul Stargazer's Club: The Geminid Meteor Shower</b> 3:00 Bubbe's Culinary Creations Homemade Pralines 4:00 Karaoke with Instruments 6:00 Wednesday Night Classic <i>Divorce American Style</i></p> <p style="text-align: right;"><b>14</b></p>	<p><b>9:30 Hot off the Press Periodicals</b> 10:00 Weight Training Circuit <b>11:00 The US Bill of Rights Discussion</b> 1:30 Geography Bee <b>2:00 Art Appreciation: Paul Klee</b> 3:00 Lekeh Kinder: Gingerbread Cookie Design <b>4:00 Parsha of the Week Discussion</b> 6:00 Throwback Thursday 1776</p> <p style="text-align: right;"><b>15</b></p>	<p><b>9:30 Jewish Journal</b> 10:00 SOUL Dance Fitness <b>11:00 Chocolate Covered Snacks</b> 1:30 Never Have I Ever 2:00 Anniversary of the Boston Tea Party: High Tea and Discussion <b>3:30 Shabbat Blessing with Rabbi Gerry Corn</b> <b>4:00 Shabbat Davening</b> <b>4:28 Shabbat Begins</b></p> <p style="text-align: right;"><b>16</b></p>	<p><b>9:30 Guided Meditation</b> <b>10:00 Breathe Yoga</b> 11:00 Coffee Creations 1:30 Where Was It Made? <b>2:00 National Gift Wrap Day: Gift Wrap Collages</b> <b>3:00 Bananagrams Challenge</b> 4:00 Musical Memories of the High Holidays <b>5:28 Shabbat Ends</b> 6:00 Yiddish Cinema <i>Teveye</i></p> <p style="text-align: right;"><b>17</b></p>
<p>9:30 Morning Motown Soul Music 10:00 Chair Zumba <b>11:00 The Surprising Origin of the Dreidel</b> <b>1:00 Love on a Leash</b> 1:30 The Songs of Hanukkah <b>2:00 Hanukkah Movie Matinee Fiddler on the Roof</b> <b>4:00 Menorah Lighting and Songs</b> 4:30 Spin the Dreidel 6:00 Sunday Funnies <i>The Dick Van Dyke Show</i></p> <p style="text-align: right;"><b>18</b></p> <p style="text-align: center;">Hanukkah Begins</p>	<p><b>9:30 Delve into the Daily Chronicle</b> 10:00 Stretch and Strengthen 11:00 Hanukkah Caroling <b>1:30 Name That Tune</b> <b>2:00 Live Entertainment with Joey Aaron</b> 3:00 Pin the Nose on the Snowman <b>4:00 Menorah Lighting and Songs</b> 6:00 New Hanukkah Classic <i>An American Pickle</i></p> <p style="text-align: right;"><b>19</b></p>	<p>9:30 Tikva Records Radio 10:00 Balance Training <b>11:00 The Story of Hanukkah</b> 1:30 Winter in the Midwest Part 3 2:00 Chanukah-gories <b>3:00 Winter Craft Series: Mosaic Dreidels</b> <b>4:00 Menorah Lighting and Songs</b> 4:30 The Dreidel Game 6:00 Hanukkah Cinema <i>8 Crazy Nights</i></p> <p style="text-align: right;"><b>20</b></p>	<p>9:30 Morning Meditation 10:00 Shvitz &amp; Sit <b>11:00 Dreidel Spin Art</b> 1:30 The Music of Benny Goodman <b>2:30 Bubbe's Culinary Creations Air Fryer Sufganiyot</b> <b>3:30 Music Therapy: Exploring Rhythm</b> <b>4:00 Menorah Lighting and Songs</b> 6:00 New Hanukkah Classic <i>Jack and Jill</i></p> <p style="text-align: right;"><b>21</b></p> <p style="text-align: center;">Winter Begins</p>	<p><b>9:30 Hot Off the Press Periodicals</b> 10:00 Juke and Jive Stretch <b>11:00 Parsha of the Week Discussion</b> 1:30 The Songs of Hanukkah <b>2:00 Festival of Lights: Holiday Celebration</b> <b>4:00 Menorah Lighting and Songs</b> <b>4:30 Spin the Dreidel</b> 6:00 Hanukkah Cinema <i>Full Court Miracle</i></p> <p style="text-align: right;"><b>22</b></p>	<p><b>9:30 Jewish Journal</b> 10:00 Seated Waltz Fitness <b>11:00 Hanukkah Surprise Cookies</b> 1:30 Nature Documentary 2:00 Shabbos Nail Salon <b>3:30 Shabbat Blessing with Rabbi Gerry Corn</b> <b>4:00 Menorah Lighting and Songs</b> <b>4:32 Shabbat Begins</b></p> <p style="text-align: right;"><b>23</b></p>	<p><b>9:30 Musical Meditation</b> <b>10:00 Chair Tai Chi</b> 11:00 Coffee Bar Chat <b>1:30 Candy Cane Spa: Massage and Facials</b> <b>3:00 Hanukkah Bingo</b> <b>4:00 Menorah Lighting and Songs</b> <b>5:31 Shabbat Ends</b> 6:00 Yiddish Cinema <i>Double Holiday</i></p> <p style="text-align: right;"><b>24</b></p>
<p>9:30 Positive Energy Piano Tunes 10:00 Dance Aerobics <b>11:00 Popular Sayings and Their Meaning</b> <b>1:00 Patio Pet Therapy</b> 1:30 Christmas Karaoke <b>2:00 Sunday Musical Matinee White Christmas</b> <b>3:00 Bingo</b> 4:00 <b>Menorah Lighting and Songs</b> 6:00 Sunday Funnies <i>The Carol Burnett Show</i></p> <p style="text-align: right;"><b>25</b></p> <p style="text-align: center;">Christmas</p>	<p>9:30 Famous Last Words 10:00 Chair Fitness 11:00 Live Entertainment with Hugo Pazmino 1:30 The History of the Candy Cane <b>2:00 Candy Cane Bingo</b> 3:00 Soul Bowl <b>4:00 The Little Midrash</b> 6:00 Monday Night at the Ballet <i>Swan Lake</i></p> <p style="text-align: right;"><b>26</b></p>	<p>9:30 Scattegories 10:00 Resistance Band Workout <b>11:00 Impara L'italiano: Everyday Italian</b> 1:30 Touring Italy 2:00 Port of Call: Italy <b>3:00 Gusto D'Italia: A Taste of Italy</b> 3:00 Pre Dinner Stretch 6:00 Classic Film Tuesday <i>Charade</i></p> <p style="text-align: right;"><b>27</b></p>	<p>9:30 Positive Affirmations <b>10:00 Carlebach Cardio</b> 11:00 Bubbe's Culinary Creations Molded Chocolate Candy <b>1:30 Endangered Species: Saola</b> 2:00 December Baby Birthday Celebration <b>3:00 Current Events Discussion</b> 4:00 Karaoke with Instruments 6:00 Wednesday Night Classic <i>It Started With a Kiss</i></p> <p style="text-align: right;"><b>28</b></p>	<p><b>9:30 Hot Off the Press Periodicals</b> 10:00 Juke and Jive Stretch <b>11:00 Entertainer Spotlight: The Supremes</b> 1:30 Famous Texans Karaoke <b>2:00 The Year in Review New Year's Social</b> <b>3:00 Bingo</b> <b>4:00 Parsha of the Week Discussion</b> 6:00 Throwback Thursday <i>Ferris Beuller's Day Off</i></p> <p style="text-align: right;"><b>29</b></p>	<p><b>9:30 Jewish Journal</b> 10:00 Seated Waltz Fitness <b>11:00 The History of the Color Television</b> 1:30 History Documentary 2:00 Shabbos Nail Salon <b>3:30 Shabbat Blessing with Rabbi Gerry Corn</b> <b>4:00 Shabbat Davening</b> <b>4:36 Shabbat Begins</b></p> <p style="text-align: right;"><b>30</b></p>	<p><b>9:30 Musical Meditation</b> <b>10:00 Chair Tai Chi</b> 11:00 Apple Cider Mimosas and 2022 Reminiscence 11:59 New Year's Countdown <b>1:30 Sentimental Sing Along</b> <b>3:00 2022 SOUL Vision Boards</b> 4:00 Blackout Bingo <b>5:36 Shabbat Ends</b> 6:00 New Year's Classic <i>An Affair to Remember</i></p> <p style="text-align: right;"><b>31</b></p> <p style="text-align: center;">New Year's Eve</p>