

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div>GARDEN OF PALMS</div> <div>SOUL CALENDAR</div>		9:30 Tikva Records Radio 10:00 Strength and Balance Training 11:00 Author Spotlight: Margaret Mitchell 1:30 The History of the Weather Channel 2:00 Weather'd Craft: Rainsticks 3:00 30 Days of Giving Kick Off Social 4:00 Trivia Time 6:00 Classic Film Tuesday <i>Gone With the Wind</i>	9:30 Morning Meditation 10:00 Shvitz & Sit 11:00 Wiser Now Wednesday 1:30 Midwest Tour: Detroit, MI 2:00 Music Makes the World Go 'Round: Serbian Folk Music 3:00 SOUL Free Throw Contest 4:00 Current Events Discussion 6:00 Wednesday Classic <i>Gentlemen's Agreement</i>	9:30 Hot Off the Press Periodicals 10:00 Kickbox Fitness 11:00 Music Appreciation: Bach 1:30 Getting to Know John Adams 2:00 Give Back Thursday: Pet Shelter Bedding 3:00 Handmade Ice Cream Sandwiches 4:00 Parsha of the Week Discussion 6:00 Throwback Thursday <i>Terms of Endearment</i>	9:30 Jewish Women of Valor 10:00 SOUL Dance Fitness 11:00 C-A-N-D-Y 1:30 American Bandstand 2:00 Penny Candy Store 3:30 Shabbat Blessing with Rabbi Gerry Corn 4:00 Shabbat Davening 5:40 Shabbat Begins	9:30 Daily Chronicle Discussion 10:00 Seated Yoga 11:00 Cranberry Apple Cider and Chat 2:00 The Zen Room: Hand Massage 3:00 Game On: Blackjack 4:00 Reminiscing Together: Sadie Hawkins Day 6:00 Israel Lights! Camera! Action! 5:36 Shabbat Ends	
	9:30 Morning Motown Soul Music 10:00 Chair Zumba 11:00 Dear Safta Life Advice 1:00 Love on a Leash 1:30 Who Am I? 2:00 Fall Decor Crafting Series: Fruit Bowl Wall Art 3:00 International Games Day- Bingo Happy Hour 4:00 Pre Dinner Pump Up 6:00 Modern Classic Cinema <i>La La Land</i>	9:30 News and Views 10:00 Stretch and Strengthen 11:00 Current Events Chronicle 1:30 Sing Along to Sentimental Classics 2:00 Musical Matinee Monday: Slumdog Millionaire 4:00 Torah Talk 6:00 Comedy Series <i>The Golden Girls</i>	9:30 Cuppa and Conversation 10:00 Resistance Band Workout 11:00 Why Vote? The Election Process 1:30 Midwest Tours: Madison, WI 2:00 Tree of Thanksgiving 3:00 Autumn Crafting Series: Cinnamon Votives 4:00 Current Events Discussion 6:00 Classic Film Tuesday <i>How the West Was Won</i>	9:30 Positive Affirmations 10:00 Carlebach Cardio! 11:00 Famous Jewish Inventors 1:30 Chrysanthemum's the Word 2:30 The Secret to Good Nutrition 3:00 Bubbe's Culinary Creations Apple Crisp Smoothie 4:00 Karaoke with Instruments 6:00 Wednesday Night Classic <i>La Bamba</i>	9:30 Jewish Journal 10:00 Juke and Jive Stretch 11:00 Tongue Twisters 1:30 Sing Along to Rat Pack Classics 2:00 Happy Hour and Live Entertainment on the Patio 3:00 Give Back Thursday: Thank You Cards for our Veterans 4:00 Parsha of the Week Discussion 5:00 Relaxing Walk 6:00 Throwback Thursday <i>Steel Magnolias</i>	9:30 Jewish Women of Valor 10:00 Fit to the Core 11:00 Origami 101 1:30 Veteran's Day Patriotic Sing Along 2:00 Shabbos Nail Salon 2:30 Patriotic Cookie Decorating 3:30 Shabbat Blessing with Rabbi Gerry Corn 4:00 Shabbat Davening 4:34 Shabbat Begins	9:30 Musical Meditation 10:00 Chair Tai Chi 11:00 Hot Cocoa and Cookies on the Patio 1:30 Aromatherapy Scents and Inspiration 3:30 Broadway Musical Sing Along 4:30 SOUL Bookworms: Chicken Soup for the Soul 6:00 Israel Lights! Camera! Action! 5:31 Shabbat Ends
	Daylight Saving Time Ends					Veterans Day	
	9:30 Positive Energy Piano Tunes 10:00 Dance Aerobics 11:30 World Kindness Day: Random Acts of Kindness Challenge 1:00 Patio Pet Therapy 2:00 Fall Crafting Series: Leaf Collage 3:00 The Lucky Club - Crazy Eights 4:00 Brainteaser Challenge 6:00 Modern Classic Cinema <i>The Princess Bride</i>	9:30 Guess in 10 Challenge 10:00 Chair Fitness 11:00 Will it Pickle? 1:30 Current Events Discussion 2:00 Musical Matinee Monday Carousel 3:00 National Pickle Day: Pickle Tasting 4:00 The Little Midrash 6:00 Comedy Series <i>The Golden Girls</i>	9:30 Tikva Records Radio 10:00 Balance Training 11:00 Brain Fitness with Mikel 1:30 Midwest Tours: Omaha, NE 2:00 Harvest Celebrations Around the World 3:00 Art Appreciation: Georgia O'Keefe 4:00 Pre-Dinner Pump Up 6:00 Classic Film Tuesday <i>Philadelphia Story</i>	9:30 Morning Meditation 10:00 Shvitz & Sit 11:00 All I Really Need to Know I Learned in Kindergarten 1:30 An Inside Look at the National Book Awards 2:30 Bubbe's Culinary Creations 4:00 Music Mania: Exploring Instruments and Rhythm 6:00 Wednesday Night Classic <i>Ocean's 11</i>	9:30 Hot off the Press Periodicals 10:00 Weight Training Circuit 11:00 World Peace Day Forum: 10 Ways to Spread Peace and Kindness 1:30 Geography Bee 2:00 Live Entertainment on the Patio 3:00 Give Back Thursday: Blessing Boxes 4:00 Parsha of the Week Discussion 6:00 Throwback Thursday 9 to 5	9:30 Jewish Women of Valor 10:00 SOUL Dance Fitness 11:00 Current Events Discussion 1:30 Never Have I Ever 2:00 Shabbos Nail Salon 3:30 Shabbat Blessing with Rabbi Gerry Corn 4:00 Shabbat Davening 4:30 Shabbat Begins	9:30 Guided Meditation 10:00 Breathe Yoga 11:00 Chai Tea Cart 1:30 Where Was It Made? 2:00 This Day In History: The Gettysburg Address 3:00 International Men's Day: (Root) Beer and Sliders Bash 4:00 The Good News Network 6:00 Israel Lights! Camera! Action! 5:27 Shabbat Ends
	9:30 Morning Motown Soul Music 10:00 Chair Zumba 11:00 Dear Safta Life Advice 1:00 Love on a Leash 1:30 Bingo 2:00 Fall Crafting Series: Scarecrows 3:00 Jenga Challenge 4:00 Brain HQ 6:00 Modern Classic Cinema <i>Pretty in Pink</i>	9:30 Delve into the Daily Chronicle 10:00 Stretch and Strengthen 11:00 Name That Tune 1:30 World Hello Day- Hello and Goodbye Around the World 2:00 Musical Matinee Monday My Fair Lady 3:00 Soccer Skills 4:00 Torah Talk 6:00 Comedy Series <i>The Golden Girls</i>	9:30 Scattegories 10:00 Resistance Band Workout 11:00 Strange Historical Events 1:30 Midwest Tours: Des Moines, IA 2:00 The History of Astrology and the Zodiac 3:00 Brain Fitness with Mikel 4:00 Pre Dinner Stretch 6:00 Classic Film Tuesday <i>Imitation of Life</i>	9:30 Positive Affirmations 10:00 Carlebach Cardio! 11:00 Wiser Now Wednesday 1:30 Toys: Then and Now 2:00 Water Color Theory: Warm 2:30 Bubbe's Bakery Creations: Personal Pumpkin Pie 3:00 Current Events Discussion 4:00 Karaoke with Instruments 6:00 Wednesday Night Classic <i>Vertigo</i>	9:00 Macy's Thanksgiving Parade 10:00 Juke and Jive Stretch 11:00 Thankful for Thanksgiving 1:30 Give Back Thursday: SOUL Herb Garden 2:30 Live Entertainment on the Patio 3:30 Turkey Toss 4:00 Parsha of the Week Discussion 6:00 Thanksgiving Cinema <i>Hannah and Her Sisters</i>	9:30 Jewish Women of Valor 10:00 Fit to the Core 11:00 Native American Land Exploration 1:30 Dragomino 2:00 Shabbos Nail Salon 3:30 Shabbat Blessing with Rabbi Gerry Corn 4:00 Shabbat Davening 4:28 Shabbat Begins	9:30 Musical Meditation 10:00 Chair Tai Chi 11:00 Warm Milk and Cookie Chat 1:30 SOUL Spa Afternoon: Facial Masks, Massage, and Manicures! 3:30 Exploring the Tomb of King Tut 4:30 Brain Fitness 6:00 Israel Lights! Camera! Action! 5:25 Shabbat Ends
9:30 Positive Energy Piano Tunes 10:00 Dance Aerobics 11:00 Popular Sayings and Their Meaning 1:00 Patio Pet Therapy 1:30 Sentimental Journey Sing Along 2:00 Fall Crafting Series: Holiday Centerpieces 3:00 Bingo 4:00 Brainteaser Challenge 6:00 Modern Classic Cinema <i>Ghostbusters</i>	9:30 Famous Last Words 10:00 Chair Fitness 11:00 The History of the Grand Ole Opry 1:30 Classic Grand Ole Opry Perform-Along 2:00 Musical Matinee Monday Coal Miner's Daughter 3:00 Soul Bowl 4:00 The Little Midrash 6:00 Comedy Series <i>The Golden Girls</i>	9:30 Tikva Records Radio 10:00 Resistance Band Workout 11:00 Hablamos Espanol - Everyday Spanish 1:30 Touring Spain 2:00 Port of Call: Spain 3:00 Siesta Social- Tasting Spain 4:00 Sing Along en Espanol 6:00 Classic Film Tuesday <i>Murder on the Orient Express</i>	9:30 Positive Affirmations 10:00 Carlebach Cardio! 11:00 The History of the Cookie Cutter 11:30 Homemade Biscuits 1:30 Midwest Tours: Sioux Falls, SD 2:00 Happy Birthday November Babies!- Soul Birthday Celebration 3:00 Current Events 4:00 Percussion Section Music Therapy 6:00 Wednesday Night Classic <i>The Maltese Falcon</i>	Thanksgiving Day (US)			
<div>November 2022</div>							