

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday


Saturday

September 2022

5782/5783

GARDEN OF PALMS

SOUL CALENDAR

<p>4</p> <p>9:30 Morning Motown Soul Music 10:00 Chair Zumba 11:00 Dear Safta Life Advice 1:00 Love on a Leash 1:30 Bingo 2:30 Happy Hour Mocktails 3:00 Past Labor Day Celebrations 4:00 Brain HQ Comedy Series 6:00 Comedy Series: Grace and Frankie</p>	<p>5</p> <p>9:30 Name That Patriotic Tune 10:00 Stretch and Strengthen 11:00 Current Events Chronicle 1:30 The History of Labor Day 2:00 Labor Day Celebration 3:00 Volleyball 4:00 Torah Talk 6:00 Monday Musicals</p> <p>Labor Day</p>	<p>6</p> <p>9:30 Tikva Records Radio 10:00 Balance Training 11:00 Famous Singers of the 50's: Ray Charles 1:30 West Coast Tours: Seattle 2:00 Bingo 3:00 Fluid Art Techniques Series 4:30 Evening Walk 6:00 Inspirational Movies</p>	<p>7</p> <p>9:30 Morning Meditation 10:00 Shvitz & Sit 11:00 Exploring Watercolors: Grandparent's Day Cards 1:30 Art Appreciation Part 1: Renaissance to Baroque Painting 2:30 Bubbe's Bakery Creations 4:00 Music Mania: Exploring Instruments and Rhythm 5:00 Fairfax Street Stroll 6:00 Classic Films of the 40's</p>	<p>8</p> <p>9:30 Jewish Journal 10:00 Juke and Jive Stretch 11:00 Handmade Holidays: Rosh Hashanah 1:30 Sing Along to Rat Pack Classics 2:30 Happy Hour and Live Entertainment on the Patio 3:30 Badminton 4:00 Parsha of the Week Discussion 5:00 Relaxing Walk 6:00 Yiddish Movies: Fiddler on the Roof</p>	<p>9</p> <p>9:30 Jewish Women of Valor 10:00 Fit to the Core 11:00 Relaxing Essential Oils 1:30 Summer Movie Matinee 2:00 Shabbos Nail Salon 3:30 Shabbat Blessing with Rabbi Gerry Corn 4:00 Shabbat Davening 7:52 Shabbat Begins</p>	<p>10</p> <p>9:30 Musical Meditation 10:00 Chair Tai Chi 11:00 Patio Coffee Cart 1:30 SOUL Spa Afternoon: Facial Masks, Massage, and Manicures! 3:30 Broadway Musical Sing Along 4:30 Santa Monica Blvd Stroll 6:00 Israel Lights! Camera! Action! 8:19 Shabbat Ends</p>
<p>11</p> <p>9:30 Positive Energy Piano Tunes 10:00 Dance Aerobics 11:00 Monet's Water Lilies: Great Art Explained 1:00 Patio Pet Therapy 1:30 Bingo 2:30 Summer Fruit Smoothies 3:00 Loved Grandparent Memories 4:00 Brainteaser Challenge 6:00 Comedy Series: Grace and Frankie</p> <p>Grandparent's Day</p>	<p>12</p> <p>9:30 Guess in 10 Challenge 10:00 Chair Fitness 11:00 Grandparent Resolutions 1:30 Patio Sing Along 2:00 Frost's Poetry: A Reading and Discussion 3:00 SOUL Bowl 4:00 The Little Midrash 6:00 Evening Opera Film</p>	<p>13</p> <p>9:30 Cuppa and Conversation 10:00 Resistance Band Workout 11:00 Famous Singers of the 50's: Elvis Presley 1:30 West Coast Tours: Palm Springs 2:00 Bingo 3:00 Fluid Art Techniques Series 4:30 Fairfax Street Stroll 6:00 Inspirational Movies</p>	<p>14</p> <p>9:30 Positive Affirmations 10:00 Carlebach Cardio! 11:00 Natural World Aquapainting 1:30 Art Appreciation Part 2: Botticelli, Rodiana, Rafael 2:30 Bubbe's Bakery Creations 4:00 Karaoke with Instruments 6:00 Classic Films of the 40's</p>	<p>15</p> <p>9:30 Hot off the Press Periodicals 10:00 Weight Training Circuit 11:00 Fall Decor Crafting Series 1:30 Americana Karaoke 2:30 Happy Hour and Live Entertainment on the Patio 3:30 Hoops Basketball 4:00 Parsha of the Week Discussion 5:00 Zen Walking Meditation 6:00 Yiddish Movies: Yentl</p>	<p>16</p> <p>9:30 Jewish Women of Valor 10:00 SOUL Dance Fitness 11:00 Aromatherapy Scents and Inspiration 1:30 Summer Movie Matinee 2:00 Shabbos Nail Salon 3:30 Shabbat Blessing with Rabbi Gerry Corn 4:00 Shabbat Davening 7:42 Shabbat Begins</p>	<p>17</p> <p>9:30 Guided Meditation 10:00 Breathe Yoga 11:00 Patio Iced Tea Cart 1:30 SOUL Spa Afternoon: Facial Masks, Massage, and Manicures! 3:30 Music Therapy 4:30 Santa Monica Blvd Stroll 6:00 Israel Lights! Camera! Action! 8:09 Shabbat Ends</p>
<p>18</p> <p>9:30 Morning Motown Soul Music 10:00 Chair Zumba 11:00 Dear Safta Life Advice 1:00 Love on a Leash 1:30 Bingo 2:30 Cinnamon & Spice Happy Hour 3:00 Stories of Autumn Beginnings 4:00 Brain HQ 6:00 <i>Sunday Sitcom:</i> Grace and Frankie</p>	<p>19</p> <p>9:30 Name That Tune 10:00 Stretch and Strengthen 11:00 Current Events Chronicle 1:30 Autumn Almanac 2:00 Fall Celebration 3:00 Volleyball 4:00 Torah Talk 6:00 Monday Musicals</p>	<p>20</p> <p>9:30 Tikva Records Radio 10:00 Balance Training 11:00 Famous Singers of the 50's: Nat King Cole 1:30 West Coast Tours: Portland 2:00 Bingo 3:00 Fluid Art Techniques Series 4:30 Evening Walk 6:00 Inspirational Movies</p>	<p>21</p> <p>9:30 Morning Meditation 10:00 Shvitz & Sit 11:00 Exploring Watercolors: Rosh Hashanah Cards 1:30 Art Appreciation Part 3: Rafael, Pinturicchio, del Sarto, Pontormo 2:30 Bubbe's Bakery Creations 4:00 Music Mania: Exploring Instruments and Rhythm 6:00 Classic Films of the 40's</p>	<p>22</p> <p>9:30 Jewish Journal 10:00 Juke and Jive Stretch 11:00 Handmade Holidays: Rosh Hashanah 1:30 Sing Along to Rat Pack Classics 2:30 Autumn Happy Hour and Live Entertainment on the Patio 3:30 Badminton 4:00 Parsha of the Week Discussion 5:00 Relaxing Walk 6:00 Yiddish Movies: Taxi!</p> <p>Autumn Begins</p>	<p>23</p> <p>9:30 Jewish Women of Valor 10:00 Fit to the Core 11:00 Relaxing Essential Oils 1:30 Autumn Movie Matinee 2:00 Shabbos Nail Salon 3:30 Shabbat Blessing with Rabbi Gerry Corn 4:00 Shabbat Davening 7:32 Shabbat Begins</p>	<p>24</p> <p>9:30 Musical Meditation 10:00 Chair Tai Chi 11:00 Patio Coffee Cart 1:30 SOUL Spa Afternoon: Facial Masks, Massage, and Manicures! 3:30 Broadway Musical Sing Along 4:30 Santa Monica Blvd Stroll 6:00 Israel Lights! Camera! Action! 7:59 Shabbat Ends</p>
<p>25</p> <p>9:30 Positive Energy Piano Tunes 10:00 Dance Aerobics 11:00 Van Gogh's Starry Night: Great Art Explained 1:00 Patio Pet Therapy 1:30 Bingo 2:30 Apple Honey Cake & Coffee 3:00 Rosh Hashanah Reminiscence 4:00 Brainteaser Challenge 6:00 Comedy Series: Grace and Frankie</p> <p>Rosh Hashanah Begins</p>	<p>26</p> <p>9:30 Famous Last Words 10:00 Chair Fitness 11:00 Shana Tova Resolutions 11:45 Rosh Hashana Services with Rabbi Gerry Corn 1:30 Patio Karaoke 2:00 Wordsworth's Poetry: A Reading and Discussion 3:00 Soul Bowl 4:00 The Little Midrash 6:00 Monday Musicals</p> <p>Rosh Hashanah</p>	<p>27</p> <p>9:30 Apple Tea and Honey 10:00 Resistance Band Workout 11:00 Famous Singers of the 50's: Brenda Lee 11:45 Rosh Hashanah Services with Rabbi Gerry Corn 1:30 West Coast Tours: Maui 2:00 Bingo 3:00 Fluid Art Techniques Series 4:30 Fairfax Street Stroll 6:00 Inspirational Movies</p> <p>Rosh Hashanah</p>	<p>28</p> <p>9:30 Positive Affirmations 10:00 Carlebach Cardio! 11:00 Natural World Aquapainting 1:30 Art Appreciation Part 4: Bronzino, Anguissola, Hals 2:30 Bubbe's Bakery Creations 4:00 Karaoke with Instruments 6:00 Classic Films of the 40's</p>	<p>29</p> <p>9:30 Hot off the Press Periodicals 10:00 Weight Training Circuit 11:00 Fall Decor Crafting Series 1:30 Americana Karaoke 2:30 Happy Hour and Live Entertainment on the Patio 3:30 Hoops Basketball 4:00 Parsha of the Week Discussion 5:00 Relaxing Walk 6:00 Yiddish Movies: Menashe</p>	<p>30</p> <p>9:30 Jewish Women of Valor 10:00 SOUL Dance Fitness 11:00 Aromatherapy Scents and Inspiration 1:30 Summer Movie Matinee 2:00 Shabbos Nail Salon 3:30 Shabbat Blessing with Rabbi Gerry Corn 4:00 Shabbat Davening 7:17 Shabbat Begins</p>	 <p>Happy Rosh Hashanah</p>