

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2021



<p>BREAKFAST 4 Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit LUNCH Tomato Basil Soup Chicken Hot Dogs & Hamburgers French Fries/Grilled Peppers & Onion Assorted Ice Cream DINNER Minestrone Braised Beef Brisket, Mashed Potatoes with Steamed Vegetables Peach Cobble</p>	<p>BREAKFAST 5 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit LUNCH Barley Soup Mushroom Quiche Marinated Onion Beet Salad/ Garlic Roll Fresh Fruit DINNER White Bean Soup Chicken Cacciatore Blended Vegetables with Rice Assorted Desserts</p>	<p>BREAKFAST 6 Waffles, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit LUNCH Cream of Butternut Squash Vegetable Pizza, Garden Salad Orange Muffin & Fresh Fruit DINNER Onion Soup Baked Salmon Steamed Couscous Blended Vegetables Strawberry Ice Cream</p>	<p>BREAKFAST 7 Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit LUNCH Garden Vegetable Cheese & Blueberry Blintz, Small Salad Apple Sauce/ Sour Cream DINNER Sausage Lentil Soup Chicken Teriyaki Egg Noodles Stir Fry Vegetables Orange Cake</p>	<p>BREAKFAST 8 French Toast, Eggs any Style, Hot & Cold Cereal, Fresh Fruit LUNCH Potato Leek Soup Cobb Salad with Wheat Roll Fresh Fruits Chef's Pastries DINNER Chef's Soup Corned Beef with Lyonnaise Potatoes Oven Roasted Squash Assorted Cookies</p>	<p>BREAKFAST 9 Waffles, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit LUNCH Tortilla Soup Cheese & Vegetable Quesadilla, Spanish Rice, Beans & Salsa Pecan Pie DINNER Matzo Ball Soup, Gefilte Fish Schnitzel w/ Vegetables, Roasted Yukon Potatoes, Marble Cake</p>	<p>BREAKFAST 10 Lox & Bagel, Cream Cheese, Hard Boiled Egg, Cold Cereal, Fresh Fruit LUNCH Borscht, Challah, Cholent Coleslaw, Cake DINNER Garden Vegetables, Turkey Sandwich Potato Salad, Moroccan Carrot Salad Fruit Jell-O</p>
<p>BREAKFAST 11 Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit LUNCH Cream of Tomatoes Grilled Cheese Sandwich Garlic Fries /Garden Salad Coffee Cake DINNER Mushroom Barley Vegetable Casserole Baked Sweet Potatoes/ Green Beans Baked Brown Sugar Apples</p>	<p>BREAKFAST 12 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit LUNCH Chef's Soup Vegetable Lasagna Rosemary Bread / Small side Salad Pineapple Upside down Cake DINNER Onion Soup Grilled Salmon Rice & Steamed Broccoli Fruit Cocktail</p>	<p>BREAKFAST 13 Waffles, Eggs any Style, Hot & Cold Cereal, Fresh Fruit LUNCH Garden Vegetables Greek Salad/ Dinner Roll Fresh Melon Slice DINNER Split Pea Tuna Casserole Baked Pasta with Bread Sautéed Eggplant Chef's Dessert</p>	<p>BREAKFAST 14 Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit LUNCH Cream of Mushroom Tuna Plate/ Garlic Toast Chef's Salad Pudding DINNER Minestrone Quinoa Salad Vegetables Mango Sorbet</p>	<p>BREAKFAST 15 French Toast, Eggs any Style, Hot & Cold Cereal, Fresh Fruit LUNCH Tortilla Soup Potato Latkes Apple Sauce/ Sour Cream Assorted Desserts DINNER Lentil Soup Baked Salmon with Steamed Couscous Mixed Vegetables Marble Cake</p>	<p>BREAKFAST 16 Waffles, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit LUNCH Chef's Soup Cheese / Blueberry Blintz Sour Cream/ Apple Sauce/Side Salad Coffee Cake DINNER Matzo Ball soup Lemon & Pepper Baked Chicken Garden Vegetables Mandel Bread</p>	<p>BREAKFAST 17 Lox & Bagel, Cream Cheese, Hard Boiled Egg, Cold Cereal, Fresh Fruit LUNCH Borscht Cholent/ Challah Potato Salad Chocolate Cake DINNER Garden Vegetable Soup Chopped Liver & Onion Pastrami Sandwich/ Coleslaw Cookies & Ice Cream</p>
<p>BREAKFAST 18 Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit LUNCH Vegetable Soup Grilled Cheese Potato Salad Fresh Fruits DINNER / Fast of Av White Bean Soup Chef's Choice Lemon-Lime Rice with Vegetables Assorted Ice Cream</p>	<p>BREAKFAST 19 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit LUNCH Split Pea Soft Grilled Fish Tacos Rice & Beans ,Coleslaw Apple Pie DINNER Vegetable & Rice Soup Pot Roast/ Mashed Garlic Potatoes Grilled Eggplant, Peppers & Zucchini Lemon Cake</p>	<p>BREAKFAST 20 Waffles, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit LUNCH Onion Mushroom Soup Egg Salad on Croissant, Green Salad, Fruit Cup, Bread Pudding DINNER Cabbage Soup Chicken Lo Mein Teriyaki Blended Vegetable Assorted Ice Cream & Cookie</p>	<p>BREAKFAST 21 Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit LUNCH Cream of Butternut Squash Eggplant Parmesan Grilled Zucchini with Garlic Bread DINNER White Bean Soup Beef Lasagna/ Bread Small Couscous Salad, Sautéed Vegetables Chef's Cake</p>	<p>BREAKFAST 22 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit LUNCH Garden Vegetable Egg & Vegetables Frittata Carrot Slaw Banana Bread Pudding DINNER Squash Soup Lamb Stew with Barley Sautéed Green Beans Baked Brown Sugar-Cinnamon Apples</p>	<p>BREAKFAST 23 Waffles, Eggs Any Style Hot & Cold Cereal, Fresh Fruit LUNCH Tomato Basil Corned Beef Sandwich Cabbage with Moroccan Carrot Salad Fresh Watermelon DINNER Matzo Ball Soup Gefilte Fish Schnitzel, Potatoes and Vegetables Fruit Jell-O</p>	<p>BREAKFAST 24 Lox & Bagel, Cream Cheese Hard Boiled Egg, Cereal, Fresh Fruit LUNCH Borscht Cholent, Challah Green Salad Cake DINNER Barley Soup BBQ Chicken Coleslaw with Rice Chef's Dessert</p>
<p>BREAKFAST 25 Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit LUNCH Navy Bean Soup Chicken Hot Dogs Caramelized Onion/ Fruit & Ice Cream DINNER Potato Celery Soup Classic Meatloaf Mashed Potatoes Steamed Carrots Fruit Jell-O</p>	<p>BREAKFAST 26 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit LUNCH Cream of Corn Vegetable & Cheese Pizza Garden Salad/ Orange Wedges Coffee Marble Cake DINNER Chicken Noodle, Classic Meatloaf Lemon Rice/ Steamed Green Beans Cobbler</p>	<p>BREAKFAST 27 Waffles, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit LUNCH Cream of Carrot Mushroom Frittata Tossed Tomatoes & Onion Salad Toast Fresh Fruits DINNER Navy Bean Soup, Baked Mediterranean Chicken w/ Olives, Couscous with Steamed Vegetables Assorted Cookies</p>	<p>BREAKFAST 28 Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit LUNCH Split Pea, Eggplant Casserole Mac & Cheese / Dinner Roll/ Fried Zucchini DINNER Soup of the Day, Grilled Lemon Salmon Steamed Brown Rice Roasted Onion & Peppers, Fruit Cocktail</p>	<p>BREAKFAST 29 Pancake, Eggs Any Style Hot & Cold Cereal, Fresh Fruit LUNCH Zucchini Soup Stir Fry Beef & Broccoli Noodles with Stir Fry Vegetables Fruit Orange Muffin DINNER Chicken Rice Soup Beef Goulash Baked Sweet Potatoes Roasted Root Vegetables Vanilla Ice Cream</p>	<p>BREAKFAST 30 French Toast, Eggs Any Style Hot & Cold Cereal, Fresh Fruit LUNCH Onion Soup Tuna Sandwich on Rye Garlic Fries Marinated Three Bean Salad Caramel Flan DINNER Lentil Curry Soup Baked White Fish Steamed Garden Barley Sautéed Vegetables Mandle Bread</p>	<p>BREAKFAST 31 Lox & Bagel, Cream Cheese Hard Boiled Egg, Cold Cereal, Fresh Fruit LUNCH Borscht Cholent / Challah Coleslaw Carrot Salad Ice Cream & Cookies DINNER Chef's Soup Turkey Sandwich Blended Vegetables Watermelon Raisin Oatmeal Cookies</p>