

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2022

5782/5783

GARDEN OF PALMS MONTHLY MENU



<p><u>LUNCH</u> 4 Tomato Basil Soup Grilled Cheese Sandwich French Fries/Side Salad Assorted Ice Cream <u>DINNER</u> Minestrone Soup Braised Beef Brisket, Mashed Potatoes with Steamed Vegetables Peach Cobbler</p>	<p><u>LUNCH</u> 5 BBQ Chicken Macaroni Salad/Coleslaw Watermelon <u>DINNER</u> Chicken Noodle Soup Moroccan Salmon Lemon Rice/ Steamed Squash Chef's Dessert Labor Day</p>	<p><u>LUNCH</u> 6 Onion Soup Vegetable & Cheese Pizza Garden Salad/ Orange Wedges Coffee Marble Cake <u>DINNER</u> Potato Celery Soup Chicken and Garlic Pasta Stir Fry Vegetables Cake</p>	<p><u>LUNCH</u> 7 Garden Vegetable Cheese & Blueberry Blintz, Small Salad Apple Sauce/ Sour Cream <u>DINNER</u> Sausage Lentil Soup Chicken Teriyaki, Egg Noodles Stir Fry Vegetables Orange Cake</p>	<p><u>LUNCH</u> 8 Cabbage Celery Soup, Baked Fish Roasted Potatoes, Marinated Three Bean Salad Fresh Fruit <u>DINNER</u> Chef's Soup Stuffed Cabbage Steamed Broccoli Ice Cream & Cookies</p>	<p><u>LUNCH</u> 9 Garden Vegetable Soup Potato Latkes, Sour Cream/Apple Sauce, Chef's Salad, Blended Vegetable <u>DINNER</u> Matzo Ball Soup Potato Kugel, Gefilte Fish Schnitzel with Zucchini & Couscous Assorted Desserts</p>	<p><u>Lunch</u> 10 Borscht Tuna Salad/Egg Salad Carrot Raisin Slaw, Beet & Onion Lemon Cake <u>DINNER</u> Vegetable Soup, Baked Chicken with Potatoes Vegetables, Chef's Cake, Fruit</p>
<p><u>LUNCH</u> 11 Cream of Tomato, Tuna Melt on Rye Potato Salad, Garden Salad Coffee Cake <u>DINNER</u> Mushroom Barley Soup, Lamb Stew Baked Sweet Potatoes, Green Beans Baked Brown Sugar Apples Grandparents Day</p>	<p><u>LUNCH</u> 12 Chef's Soup Vegetable Lasagna Rosemary Bread, Small side Salad Pineapple Upside down Cake <u>DINNER</u> Onion Soup Grilled Salmon Rice & Steamed Broccoli Fruit Cocktail</p>	<p><u>LUNCH</u> 13 Garden Vegetables Greek Salad/ Dinner Roll Fresh Melon Slice <u>DINNER</u> Split Pea Chicken Stir-Fry, Pasta Noodle Sautéed Teriyaki Vegetables Chef's Dessert</p>	<p><u>LUNCH</u> 14 Cream of Mushroom Tuna Plate/ Garlic Toast Apple, Pomegranate Arugula Salad Apple Turnover <u>DINNER</u> Minestrone Classic Meatloaf Mashed Potatoes & Vegetables Mango Sorbet</p>	<p><u>LUNCH</u> 15 Tortilla Soup Potato Latkes Apple Sauce/ Sour Cream Assorted Desserts <u>DINNER</u> Lentil Soup Baked Salmon with Steamed Couscous, Mixed Vegetables Marble Cake</p>	<p><u>LUNCH</u> 16 Chef's Soup Cheese / Blueberry Blintz Sour Cream/ Apple Sauce/Side Salad, Coffee Cake <u>DINNER</u> Matzo Ball soup Lemon & Pepper Baked Chicken Garden Vegetables Mandel Bread</p>	<p><u>LUNCH</u> 17 Borscht, Cholent, Challah Potato Salad Chocolate Cake <u>DINNER</u> Garden Vegetable Soup Chopped Liver & Onion Pastrami Sandwich/ Coleslaw Cookies & Ice Cream Oktoberfest</p>
<p><u>LUNCH</u> 18 Vegetable Soup Grilled Fish Soft Tacos Rice, Beans, Salsa Cake <u>DINNER</u> White Bean Soup Roasted Chicken Lemon-Lime Rice with Vegetables Assorted Ice Cream</p>	<p><u>LUNCH</u> 19 Potato Leek Soup Vegetable Lasagna Garlic Roll/ Roasted Root Vegetables <u>DINNER</u> Garlic Knot Challah, Split Pea Soup Grilled Chicken Salad Spiced Couscous with Almonds Chef's Dessert</p>	<p><u>LUNCH</u> 20 Onion Mushroom Soup Egg Salad on Croissant, Green Salad, Fruit Cup, Bread Pudding <u>DINNER</u> Cabbage Soup, Middle Eastern Stuffed Peppers and Tomatoes, Shoulder Roast with Garlic and Herbs Parve Ice Cream</p>	<p><u>LUNCH</u> 21 Cream of Butternut Squash Eggplant Parmesan Grilled Zucchini with Garlic Bread <u>DINNER</u> Chicken Soup with Kreplach Gefilte Fish, Waldorf Salad Lemon Herb Chicken Legs Potato Pancakes</p>	<p><u>LUNCH</u> 22 Cabbage Celery Soup, Baked Fish Roasted Potatoes, Marinated Three Bean Salad <u>DINNER</u> Squash Soup, Crispy Stuffed Chicken, Spiced Couscous with Almonds, Stir Fry Vegetables Apple Turnover Autumn Begins</p>	<p><u>LUNCH</u> 23 Tomato Basil Soup Corned Beef Sandwich Cabbage with Moroccan Carrot Salad, Fresh Watermelon <u>DINNER</u> Matzo Ball Soup Tomato and Zucchini Gefilte Fish Schnitzel, Potatoes and Vegetables Fruit Jell-O</p>	<p><u>LUNCH</u> 24 Borscht, Cholent, Challah Green Salad Chef's Cake <u>DINNER</u> Barley Soup BBQ Chicken Coleslaw with Rice Chef's Dessert</p>
<p><u>LUNCH</u> 25 Barley Soup, Mushroom Quiche, Roll, Marinated Beet Onion Salad <u>DINNER</u> Round Raisin Challah Sweet Potato Soup Apple Mint Salad with Lime Vinaigrette, Oven Baked Roast Beef & Tzimmus, Green Beans Honey Cake Rosh Hashanah Begins</p>	<p><u>LUNCH</u> 26 Chef's Soup, Vegetable Pizza, Garden Salad, Orange Muffin & Fresh Fruit <u>DINNER</u> Butternut Squash Soup Carrot and Prune Tzimmes Salad Roasted Pineapple and Pomegranate Citrus Salmon, Red Cabbage Salad Apple Noodle Kugel Apple Cinnamon Pie Ala Mode Rosh Hashanah</p>	<p><u>LUNCH</u> 27 Cream of Carrot Egg and Mushroom Frittata Tossed Tomatoes & Onion Salad Fresh Fruits <u>DINNER</u> Vegetable Garden Soup, Chef's Salad Green Herbed Rice with Hungarian Stew Parve Ice Cream Rosh Hashanah</p>	<p><u>LUNCH</u> 28 Split Pea Soup, Grilled Chicken Hot Dogs Sautéed Onions & Peppers <u>DINNER</u> Butternut Squash Soup Honey Sesame Glazed Chicken Quarters Caramelized Onion Mashed Potato Peach Cobbler</p>	<p><u>LUNCH</u> 29 Cabbage Celery Soup, Baked Fish Roasted Potatoes, Marinated Three Bean Salad Fresh Fruit <u>DINNER</u> Chef's Soup Stuffed Cabbage Steamed Broccoli Ice Cream & Cookies</p>	<p><u>LUNCH</u> 30 Navy Bean Soup Chicken Hot Dogs Caramelized Onion/ Fruit & Ice Cream <u>DINNER</u> Potato Celery Soup Chicken and Garlic Pasta Stir Fry Vegetables Cake</p>	<p>Happy Rosh Hashanah</p>