

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	BREAKFAST French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Cream of Carrot Mushroom Quiche Marinated Onion Beet Salad Fruit Cup DINNER Minestrone Baked Salmon Steamed Couscous Blended Vegetables Marble Cake	BREAKFAST Waffles, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Cream of Butternut Squash Vegetable Pizza Garden Salad Orange Muffin & Fresh Fruits DINNER White Bean Soup Beef Goulash Mashed Garlic Potatoes Steamed Broccoli Peach Cobbler	BREAKFAST Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Garden Vegetable Soup Cheese & Blueberry Blintz Apple Sauce/ Sour Cream Small Salad Assorted Cookies DINNER Potato Leek Soup Chicken Curry Lemon Rice, Sautéed Onion & Peppers Chef's Dessert	BREAKFAST French Toast, Eggs any Style, Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Tortilla Soup Spanish Rice Soft Beef Tacos Home Fries Beans & Salsa Strawberry Jell-O DINNER Celery Cabbage Turkey Meatloaf Mashed Sweet potatoes with Green Beans Orange Cake	BREAKFAST Waffle, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Cream of Corn Tuna Melt on Rye Home Fries Marinated Three Beans & Onion Salad Peaches in Syrup DINNER Matzo Ball Soup Potato Kugel/ Gefilte Fish Schnitzel, Rice and Vegetables Mandle Bread	BREAKFAST Lox & Bagel, Cream Cheese, Hard Boiled Egg, Cold Cereal, Fresh Fruit LUNCH Borscht Cholent Challah Garden Salad, Moroccan Carrot Salad Fruit Coffee Cake DINNER Barley Soup, BBQ Chicken Potato Salad, Fruit Assorted Cookies
BREAKFAST Pancakes, Eggs Any Style Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Tomato Basil Baked Lemon Dill Tilapia Steamed Couscous Grilled Peppers and Onion Coffee Cake DINNER Chicken Noodle Braised Beef Brisket Mashed Potatoes Gravy with Cauliflower Strawberry Ice Cream	BREAKFAST French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Potato Leek Eggplant Casserole Rosemary Bread Grilled Parmesan Zucchini Fruit Cup DINNER Onion Soup Chicken Cacciatorte Rice and Steamed Green Beans Pineapple Upside Down Cake	BREAKFAST Waffles, Eggs any Style, Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Garden Vegetables Chef Salad Hard Boiled Egg, Olives, Lettuce, Tomato, Cucumbers, Bell Peppers, Red Onions Side Toast Pudding DINNER Split Pea Soup, Meat Sauce Marinara Penne Pasta, Sautéed Eggplant, Garlic Bread Blueberry cake	BREAKFAST Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Cream of Tomato Grilled Cheese Sandwich Marinated Three Bean Salad Coleslaw Orange -Cranberry Muffin DINNER Minestrone Turkey Pot Pie Mashed Potatoes Gravy, Steamed Vegetables Apple Cobbler	BREAKFAST French Toast, Eggs any Style, Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Lentil Soup Salmon Salad Garlic Bread Broccoli Carrot Slaw Chef's Pastries DINNER Mushroom Barley Chicken Kabob Saffron Rice with Grilled Vegetables Chocolate Ice Cream	BREAKFAST Waffle, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Navy Bean Soup Cheese and Vegetable Quesadilla Spanish Rice, Beans & Salsa Chef's Dessert DINNER Matzo Ball Soup Gefilte Fish Beef Stew with Blended Vegetables Roasted Yukon Potatoes Honey Cake	BREAKFAST Lox & Bagel, Cream Cheese, Hard Boiled Egg, Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Borscht Challah Tuna/Egg Salad Coleslaw Chocolate Cake DINNER Garden Vegetables Turkey Sandwich Potato Salad Fruit Jell-O
BREAKFAST Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Vegetable Soup Stir Fry Chicken, Noodle, Oriental Vegetables Chef's Desserts DINNER Chef's Soup Braised Beef Brisket Garden Rice with Green Beans Chocolate Strawberry Cake Valentine's Day	BREAKFAST French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Tortilla Soup Hot Dogs & Hamburgers Coleslaw/ Potato Salad Pudding DINNER Potato Leek Baked Trout Couscous with Steamed Carrots Pie of the Day Presidents' Day	BREAKFAST Waffles, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Onion Mushroom Soup Egg Salad on Croissant Side of Green Salad Pudding DINNER Cabbage Soup Chicken Lo Mein Teriyaki Blended Vegetable Assorted Ice Cream & Cookies	BREAKFAST Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Cream of Broccoli Vegetable Pizza Green Salad Peaches in Syrup DINNER Butternut Squash Soup Classic BBQ Meatloaf Mashed Garlic Potatoes Sautéed Five Mixed Vegetables Chef's Cake	BREAKFAST French Toast, Eggs any Style, Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Bean Soup Tuna Casserole Ratatouille Vegetables Rosemary Bread Banana Cake DINNER sausage Lentil Soup Beef Potato Casserole Winter Mixed Vegetables Assorted Cookies & Ice Cream	BREAKFAST Waffle, Eggs Any Style Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Chef's Soup Potato Latkes Sour Cream, Apple Sauce Small Side Salad Lemon Marble Cake DINNER Garden Vegetable Orange Glazed Baked Chicken Quarters Sautéed Mushroom and Onion Mandle Bread	BREAKFAST Lox & Bagel, Cream Cheese, Hard Boiled Egg, Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Borscht Cholent Challah Potato Salad Corn & Eggplant Salad Chef's Cake DINNER Onion Mushroom Soup Pastrami Sandwich Blended Vegetables Cookies & Ice Cream
BREAKFAST Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Cream of Corn Baked Tilapia Orzo Pasta Roasted Parmesan Cauliflower Chocolate Cake DINNER Chef's Soup Pot Roast Mashed Garlic Potatoes, Peas & Carrots Fresh Fruit	BREAKFAST French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Chef's Soup Vegetable Lasagna Garlic Toast Green Salad Chocolate Chip Cookies DINNER Chicken Noodle Stuffed Avocado Salmon Fried Zucchini Sticks / Toast Pineapple Cake	BREAKFAST Waffles, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH French Onion Soup White Egg, Mushroom and Broccoli Frittata Wheat Toast Garden Salad Rice Pudding DINNER Navy Bean Soup Baked Mediterranean Chicken with Olives Steamed Rice, Grilled Vegetables Cobbler	BREAKFAST Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Tortilla Soup Cheese Enchiladas Rice, Beans, Salsa Churros DINNER Minestrone Beef Pot Pie Baked Sweet Potatoes Steamed Roots Vegetables Chef's Cake	BREAKFAST French Toast, Eggs any Style, Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Chef's Soup Cobb Salad Tossed Tomatoes, Cucumbers & Onion Salad Wheat Roll Bread Pudding DINNER Squash Soup Baked Whole Fresh Turkey Potatoes, Peas & Carrots, Cranberry Sauce Purim Begins	BREAKFAST Waffle, Eggs Any Style Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Minestrone Potato Latkes Green Salad, Apple Sauce Beet Salad Chocolate Mint Ice Cream DINNER Matzo Ball Soup, Potato Kugel Baked Sun Dried Tomato Chicken Brown Rice With Vegetables Mandle Bread	BREAKFAST Lox & Bagel, Cream Cheese, Hard Boiled Egg, Cold Cereal, Fresh Fruit Coffee and Tea LUNCH Borscht Cholent Challah Marinated Beet Onion Salad Ice Cream DINNER Chef's Soup Corned Beef Sandwich Cabbage Fruit Jell-O
BREAKFAST Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit Coffee and Tea LUNCH chef's Soup Baked Teriyaki Salmon Egg Noodle with Stir Fried Broccoli Chocolate Cake DINNER Chicken Rice Soup Lamb Stew Yukon Potatoes Italian Mixed Vegetables Assorted Cookies						