

# GARDEN OF PALMS MENU



# December 2018

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p><b>30</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Zucchini Soup, Cobb Salad Baked Potatoes, Fresh Fruit, Carrot Cake <b>DINNER</b> Minestrone Soup, Chicken Breast with Mushroom and Onion Sauce, Rice Garden Salad, Fresh Fruit, Honey Cake</p>	<p><b>31</b> <i>New Year's Eve</i> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Corn Soup, Vegetable Quiche Potato Mojo, Fresh Fruit Oatmeal Raisin Cookies <b>DINNER</b> Potato Soup, Turkey Fricassee, Steamed Broccoli, Corn Salad, Fresh Fruit Sponge Cake with Vanilla Frosting</p>	<p><b>THE MONTH OF DECEMBER IS...</b></p> <p>National Pear Month Bingo's Birthday Month Calendar Awareness Month International AIDS Awareness Month National Human Rights Month National Tie Month National Egg Nog Month</p> <p>National Fruit Cake Month Root Vegetables and Exotic Fruits Month Safe Toys and Gifts Month Spiritual Literacy Month Universal Human Rights Month Worldwide Food Service Safety Month</p>		<p><b>MENU ALTERNATIVES</b> Fruit &amp; Cottage Cheese Platter</p> <p>Assorted Sandwiches including Egg or Tuna Salad, Turkey Peanut Butter &amp; Jelly</p>	<p><b>BEVERAGES</b> <b>Breakfast</b> Cranberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water <b>Lunch &amp; Dinner</b> Coffee - Hot Tea Water - Ice Tea Lemonade</p>	<p><b>1</b> <b>BREAKFAST</b> Lox &amp; Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Borscht, Cholent, Schnitzel, Coleslaw Challah, Honey Cookies, Fresh Fruit <b>DINNER</b> Chicken Soup, Turkey Club Sandwiches Peas and Onion Salad Pomegranate Quinoa, Assorted Cookies</p>
<p><b>2</b> <i>Hanukkah (begins at sundown)</i> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Corn Soup, Tuna Mushroom Noodle Casserole, Garden Salad, Fresh Fruit Chocolate Pudding <b>DINNER</b> Tomato Soup, Latkes, Sour Cream Apple Sauce, Sautéed Carrots Powdered Donuts (sufganiyot)</p>	<p><b>3</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Split Pea Soup, Eggplant Parmesan Garlic Bread, Fresh Fruit, Vanilla Cookies <b>DINNER</b> Cabbage Soup Pepper Steak Style Ground Beef Mashed Potatoes, Fresh Fruit Shortcake with Strawberry Frosting</p>	<p><b>4</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Bean Soup, Baked Teriyaki Tilapia, Corn Sautéed Vegetables, Fresh Fruit Coconut Muffins <b>DINNER</b> Vegetable Soup, Curry Chicken with Vegetables, Rice, Fresh Fruit Almond Cookies</p>	<p><b>5</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Cauliflower Soup, Vegetable Pizza French Fries, Fresh Fruit Chocolate Ice Cream <b>DINNER</b> Bell Pepper Soup, Turkey Fricassee Tabbouleh, Grilled Zucchini, Fresh Fruit Oatmeal Raisin Cookies</p>	<p><b>6</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Mushroom Soup, Tuna Melt Sandwiches Caesar Salad, Fresh Fruit Baked Apple Dessert with Walnuts <b>DINNER</b> Minestrone Soup, Chicken Piccata Mashed Potatoes, Green Beans Fresh Fruit, Mandel Bread</p>	<p><b>7</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Carrot Soup, Cheese Blintzes Waldorf Salad, Chocolate Chip Cookies <b>DINNER</b> Gefilte Fish, Matzah Ball Soup Stuffed Cabbage, Potato Kugel Fresh Fruit, Lemon Cake with Icing</p>	<p><b>8</b> <b>BREAKFAST</b> Lox &amp; Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Borscht, Cholent, BBQ Chicken, Coleslaw Challah, Honey Cookies, Fresh Cup Sugar Cookies <b>DINNER</b> Kreplach Soup, Chicken Salad Israeli Salad, Italian Garden Pasta Assorted Cakes</p>
<p><b>9</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Zucchini Soup, Herbed Tomatoes and Cheese, Roasted Potatoes, Fresh Fruit Chocolate Muffins <b>DINNER</b> Lentil Soup, Marinara Chicken with Noodles, Peas and Carrots, Fresh Fruit Apple Cake</p>	<p><b>10</b> <i>Hanukkah (ends at sundown)</i> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Cabbage Soup, Vegetable Pizza Potato Mojo, Fresh Fruit, Coconut Muffins <b>DINNER</b> Split Pea Soup, Beef Kofta Kabobs Tabbouleh, Grilled Vegetables, Fresh Fruit Yellow Cake with Lemon Frosting</p>	<p><b>11</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Spinach Soup, Baked Salmon Sweet Potato Chips, Sautéed Vegetables Fresh Fruit, Almond Cookies <b>DINNER</b> Mushroom Barley Soup, Turkey Meatloaf Rice, Cucumber Salad, Fresh Fruit Banana Cake</p>	<p><b>12</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Carrot Salad, Melted Cheese Sandwiches Garden Salad, Fresh Fruit Vanilla Ice Cream <b>DINNER</b> Potato Soup, Chicken Lo Mein with Vegetables, Fresh Fruit Gingersnap Cookies</p>	<p><b>13</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Vegetable Soup, Falafels with Pita, Purple Cabbage Slaw, Fresh Fruit, Sandies <b>DINNER</b> Corn Soup, Spaghetti and Meatballs Garden Salad, Fresh Fruit Orange Chiffon Cake</p>	<p><b>14</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Bean Soup, Tuna Salad, Ratatouille French Fries, Fresh Fruit, Brownies <b>DINNER</b> Gefilte Fish, Matza Ball Soup, Honey Mustard Chicken, Broccoli, Kugel, Rice Fresh Fruit, Chocolate Chip Bars</p>	<p><b>15</b> <b>BREAKFAST</b> Lox &amp; Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Borscht, Cholent, Chicken Schnitzel Coleslaw, Challah, Fresh Fruit Vanilla Cookies <b>DINNER</b> Chicken Soup, Turkey Club Sandwiches Peas and Onion Soup, Quinoa Applesauce, Assorted Cakes</p>
<p><b>16</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Bell Peppers Soup, Cobb Salad, Baked Potatoes, Fresh Fruit, Carrot Cake <b>DINNER</b> Minestrone Soup, Chicken with Mushroom and Onion Sauce, Potato Salad Sautéed Veggies</p>	<p><b>17</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Cabbage Soup, Vegetable Pizza Potato Mojo, Fresh Fruit, Coconut Muffins <b>DINNER</b> Split Pea Soup, Beef Kofta Kabobs Tabbouleh, Grilled Vegetables, Fresh Fruit Yellow Cake with Lemon Frosting</p>	<p><b>18</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Lentil Soup, Breaded and Fried Tilapia Mashed Potatoes, Peas and Carrots Fresh Fruit, Chocolate Ice Cream <b>DINNER</b> Tomato Soup, Herbed Chicken Garlic Bread, Green Beans, Fresh Fruit Banana Cake</p>	<p><b>19</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Carrot Soup, Tuna Melt Sandwiches Stewed Vegetables, Fresh Fruit Cream Puffs <b>DINNER</b> Cauliflower Soup, General Tso's Chicken Peppers and Onions, Rice, Fresh Fruit Cinnamon Sugar Rolls</p>	<p><b>20</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Corn Soup, Pasta Alfredo, Caesar Salad Fresh Fruit, Oatmeal Raisin Cookies <b>DINNER</b> Vegetable Soup, Turkey Meatballs Baked Carrots, Seasoned Potatoes Fresh Fruit, Mandel Bread</p>	<p><b>21</b> <i>Winter Begins</i> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Spinach Soup, Potato Blintzes Applesauce, Cucumber Salad Fresh Fruit, Vanilla Cookies <b>DINNER</b> Gefilte Fish, Matza Ball Soup, Salisbury Steak, Potato Kugel, Tzimmes, Fresh Fruit Strawberry Cake with Cream Frosting</p>	<p><b>22</b> <b>BREAKFAST</b> Lox &amp; Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Borscht, BBQ Chicken, Cucumber Salad Challah, Fresh Fruit, Sugar Cookies <b>DINNER</b> Mushroom Barley Soup, Chicken Salad Coleslaw, Kasha Varnishkes Fresh Fruit, Assorted Cakes</p>
<p><b>23</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Cabbage Soup, Macaroni and Cheese Garden Salad, Fresh Fruit, Vanilla Cookies <b>DINNER</b> Potato Soup Roasted Chicken, Rice Green Beans Fresh Fruit, Apple Cake</p>	<p><b>24</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Vegetable Soup, Cheese Ravioli Ratatouille, Fresh Fruit, Brownies <b>DINNER</b> Broccoli Soup Beer Battered Turkey Dumplings Roasted Peppers and Squash Fresh Fruit</p>	<p><b>25</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Carrot Soup, Baked Salmon Sautéed Vegetables, Rice, Fresh Fruit Vanilla Ice Cream <b>DINNER</b> Minestrone Soup, Marinara Chicken with Noodles, Garden Salad, Fresh Fruit Banana Cake</p>	<p><b>26</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Lentil Soup, Eggplant Parmesan Garlic Bread, Fresh Fruit Almond Cookies <b>DINNER</b> Tomato Soup, Hot Dogs and Hamburgers Purple Cabbage Slaw, Fresh Fruit Chocolate Chip Bar</p>	<p><b>27</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Mushroom Soup, Tuna Melt Sandwiches Cucumber Salad, Fresh Fruit, Sandies <b>DINNER</b> Split Pea Soup, BBQ Chicken Mashed Potatoes, Sautéed Vegetables Fresh Fruit, Jell-O</p>	<p><b>28</b> <b>BREAKFAST</b> Lox and Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Spinach Soup, Vegetable Pizza, French Fries, Waldorf Salad, Sugar Cookies <b>DINNER</b> Gefilte Fish, Matza Ball Soup, Stuffed Cabbage, Potato Kugel, Fresh Fruit Pineapple Upside Down Cake</p>	<p><b>29</b> <b>BREAKFAST</b> Lox &amp; Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit <b>LUNCH</b> Borscht Soup, Cholent, Schnitzel Coleslaw, Challah, Fresh Fruit <b>DINNER</b> Lentil Soup, Turkey Club Sandwiches Israeli Salad, Italian Garden Pasta Assorted Cakes</p>

**DINING HOURS** Breakfast: 7:30 to 9:00 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Menu subject to change.

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