

GARDEN OF PALMS MENU



March 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 BREAKFAST French Toast, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit LUNCH Zucchini Soup, Macaroni & Cheese Caesar Salad Carrot Cake DINNER Potato Soup, Turkey Meatloaf, Seasoned Bulgur Wheat, Vegetable Medley Oatmeal Raisin Cookies	MENU ALTERNATIVES Salads, Sandwiches, Chicken, Tuna, Eggs, Cottage Cheese, Yogurt, PB&J, & Whole Wheat Bread are available. Please see your server for Alternative Menu 	MARCH DAYS TO NOTE... Asset Management Awareness Month Irish American Month March to Health Month Multiple Sclerosis Awareness Month Music in Our Schools Month National Caffeine Awareness National Celery Month National Craft Month National Flour Month National Frozen Food Month	National Kidney Month National Noodle Month National Nutrition Month National Peanut Month National Sauce Month National Social Work Month National Umbrella Month National Women's History Month Red Cross Month Social Workers Month	BEVERAGES Breakfast Cranberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water Lunch & Dinner Coffee - Hot Tea Water - Ice Tea Lemonade	1 BREAKFAST Pancakes, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit, Toast LUNCH Carrot Soup, Cheese and Blueberry Blintzes, Sour Cream, Apple Sauce Green Beans, Butterscotch DINNER Gefilte Fish, Matza Ball Soup Stuffed Cabbage, Mashed Potatoes Blueberry Cake	2 BREAKFAST Lox & Bagels, Herring, Cream Cheese Cold Cereals, Seasonal Fruit LUNCH Borscht, Cholent Cucumber Salad, Challah Banana Cake DINNER Lentil Soup, Grilled Chicken Mushroom and Onion Quinoa Israeli Salad, Homemade Cakes
3 BREAKFAST French Toast, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit LUNCH Potato Soup, Falafel and Pita Peas and Carrots Chocolate Chip Cookies DINNER Egg Drop Soup, Turkey Salisbury Steak Seasoned Bulgur Wheat, Sauteed Zucchini and Onions, Vanilla Cake	4 BREAKFAST Pancakes, Eggs Any Style, Seasonal Fruit Hot & Cold Cereals, Toast LUNCH Cauliflower Soup, Vegetable Lasagna Waldorf Salad, Cinnamon Buns DINNER Split Pea Soup, General Tso's Chicken Asian Style Vegetables, Rice Pineapple Cake	5 BREAKFAST Waffles, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit LUNCH Bean Soup, Grilled Salmon Seasoned Butter Rice, Green Beans Snickerdoodle Cookies DINNER Minestrone Soup Chinese Beef and Broccoli, Rice Orange Cake	6 BREAKFAST Omelette, Hash Browns Hot & Cold Cereals, Seasonal Fruit, Toast LUNCH Bell Pepper Soup, Eggplant Parmesan Garlic Green Beans, Brownies DINNER Split Pea Soup, Turkey Fricassee Seasoned Quinoa Roasted Peppers and Squash Sandies	7 BREAKFAST French Toast, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit LUNCH Mushroom Soup, Salt & Pepper Cottage Cheese Noodles, Purple Cabbage and Celery Salad, Butterscotch Cookies DINNER Lentil Soup, Oven Fried Chicken Corn Bread, Sauteed Veggies Homemade Mandel Bread	8 BREAKFAST Pancakes, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit, Toast LUNCH Spinach Soup, Tuna and Egg Salad Cottage Cheese, Veggie Medley Fresh Focaccia, Coconut Muffins DINNER Gefilte Fish, Matza Ball Soup Grilled Rib Steak, Roasted Potatoes Baked Veggies, Jelly Roll	9 BREAKFAST Lox & Bagels, Herring, Cream Cheese Cold Cereals, Fresh Fruit LUNCH Borscht, Cholent, Coleslaw, Challah Fresh Fruit, Almond Cookies DINNER Mushroom Barley Soup, Deli Sandwiches Sesame Noodles, Israeli Salad Homemade Cakes
10 <i>Daylight Savings Begins</i> BREAKFAST French Toast, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit LUNCH Carrot Soup, Macaroni & Cheese Baked Vegetables Chocolate Muffins DINNER Vegetable Soup, Grilled Lemon Pepper Tilapia, Bulgur Wheat, Sponge Cake	11 BREAKFAST Pancakes, Eggs Any Style, Seasonal Fruit Hot & Cold Cereals, Toast LUNCH Cabbage Soup, Vegetable Quiche Salad, Chocolate Cream Cheese Marble Bars DINNER French Onion Soup, Grilled Hot Dogs Purple Cabbage Slaw Pumpkin Spice Cake	12 BREAKFAST Waffles, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit LUNCH Tomato Soup, Grilled Muenster Cheese Sandwiches, Green Beans Cinnamon Raisin Cookies DINNER Minestrone Soup Chicken Lo Mein w/Vegetables Jello	13 BREAKFAST Pancakes, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit LUNCH Bell Pepper Soup, Rosemary Chicken Garlic Pasta, Ice Cream DINNER Split Pea Soup, Beef Chili Pasta with Bulgur Wheat Vegetable Medley Mandel Bread	14 BREAKFAST French Toast, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit LUNCH Mushroom Soup, Salt and Pepper Cottage, Cheese Noodles Butterscotch Cookies DINNER Lentil Soup, Apricot Chicken Seasoned Bulgur Wheat, Sauteed Vegetables, Mandel Bread	15 BREAKFAST Pancakes, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit, Toast LUNCH Cauliflower Soup, Cheese and Blueberry Blintzes, Sour Cream, Apple Sauce Green Beans, Sugar Cookies DINNER Gefilte Fish, Matza Ball Soup Roasted Turkey, Sweet Noodle Kugel Grilled Vegetables Blueberry Cake	16 BREAKFAST Lox & Bagels, Herring, Cream Cheese Cold Cereals, Seasonal Fruit LUNCH Borscht, Cholent, Cole Slaw Challah, Banana Muffins DINNER Beef Kreplach Soup, Chicken Salad Italian Garden Pasta, Israeli Salad Assorted Cakes
17 <i>St. Patrick's Day</i> BREAKFAST French Toast, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit LUNCH Zucchini Soup, Cobb Salad Baked Potatoes Chocolate Pudding DINNER Cabbage Soup, Oven Fried Chicken Rice, Green Beans, Apple Cake	18 BREAKFAST Pancakes, Eggs Any Style, Seasonal Fruit Hot & Cold Cereals, Toast LUNCH Carrot Soup, Pizza, Waldorf Salad Brownies DINNER Split Pea Soup, Grilled Beef Kabobs Roasted Vegetables Seasoned Cracked Wheat Orange Cake	19 BREAKFAST Waffles, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit LUNCH Spinach Soup, Baked Salmon Seasoned Rice, Broccoli, Cream Puffs DINNER Minestrone Soup, Turkey Meatballs Mashed Potatoes, Sauteed Vegetables Jello	20 <i>Purim (begins at sundown)</i> BREAKFAST Pancakes, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit LUNCH Cauliflower Soup, Garden Salad Creamy Parmesan Pasta Marble Cookies Dinner DINNER Vegetable Soup, Swedish Meatballs Rice, Roasted Spring Vegetables Hamantashen	21 <i>Purim (ends at sundown)</i> BREAKFAST Lox & Bagels, French Toast, Eggs Any Style, Hot & Cold Cereals, Seasonal Fruit LUNCH Chicken Soup, Hush Puppies, Deviled Eggs, Sweet Potato Fries, Coleslaw Hamantashen DINNER Lentil Soup, Oven Fried Chicken Green Beans, Roasted Potatoes Jello	22 BREAKFAST Pancakes, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit, Toast LUNCH Bean Soup, Potato Pancakes, Sour Cream, Apple Sauce, Sauteed Vegetables, Vanilla Cookies DINNER Gefilte Fish, Matza Ball Soup, Salisbury Steak, Potato Kugel, Tzimmes Chocolate Chip Bars	23 BREAKFAST Lox & Bagels, Herring, Cream Cheese Cold Cereals, Seasonal Fruit LUNCH Borscht, Cholent, Cucumber Salad Challah, Honey Cookies DINNER Mushroom Barley Soup, Turkey Club Sandwiches, Tabbouleh Peas and Onions Salad Assorted Cakes
24 BREAKFAST French Toast, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit LUNCH Zucchini Soup, Tuna Casserole Carrots and Peas, Chocolate Pudding DINNER Carrot Soup, Chicken Breast w/Mushroom and Onion Sauce, Bulgur Wheat Green Beans, Sponge Cake	25 BREAKFAST Pancakes, Eggs Any Style, Seasonal Fruit Hot & Cold Cereals, Toast LUNCH Veggie Soup, Cheese Ravioli Ratatouille, Ice Cream DINNER Split Pea Soup, Beer Battered Turkey Dumplings, Homemade Dipping Sauce Grilled Vegetables Cool Lemonade Swirl Cookies	26 BREAKFAST Waffles, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit LUNCH Potato Soup, Chicken Salad Italian Pasta, Steamed Broccoli Cinnamon Raisin Muffins DINNER French Onion Soup, Grilled Salmon Seasoned Rice, Garden Salad Banana Nut Cake	27 BREAKFAST Pancakes, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit LUNCH Cabbage Soup, Eggplant Parmesan Garlic Green Beans Custard Pastries DINNER Vegetable Soup, Ground Pepper Steak Rice, Peppers and Onions, Fresh Fruit Gingersnap Cookies	28 BREAKFAST French Toast, Eggs Any Style Hot & Cold Cereals, Fresh Fruit LUNCH Mushroom Soup, Fettuccine Alfredo Garden Salad, Sandies DINNER Lentil Soup, Oven Fried Chicken Green Beans, Roasted Potatoes Jello	29 BREAKFAST Pancakes, Eggs Any Style Hot & Cold Cereals, Seasonal Fruit, Toast LUNCH Bean Soup, Cheese and Blueberry Blintzes, Sour Cream, Apple Sauce Creamy Spinach, Butterscotch Bars DINNER Gefilte Fish, Matza Ball Soup, Salisbury Steak, Roasted Potatoes, Baked Vegetables, Mocha Frosted White Cake	30 BREAKFAST Lox & Bagels, Herring, Cream Cheese Cold Cereals, Seasonal Fruit LUNCH Borscht, Cholent, Challah Coconut Cookies DINNER Chicken Soup, Deli Sandwiches Corn Salad, Israeli Salad Homemade Cookies

DINING HOURS Breakfast: 7:30 to 9:00 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Menu subject to change.
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